

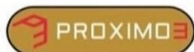
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Just a little reminder, can all fans please wait for a stoppage in play before leaving your seat during games. First of all for your own safety as the puck can fly out the rink at any time so please keep your eye on it. Also in respect of other fans who are trying to watch the game.

If you do leave your seat during a break in play please remain at the bottom of the stairs for a stoppage in play before returning. The stewards will be there to advise you of this.

Ice Hockey is promoted as a family sport and here at Edinburgh Capitals this means so much to us as an organisation. Please be respectful of others at all times.

Our aim is for everyone to come to a game and go home feeling they have been entertained both on and off the ice.

We appreciate each and every one of you supporters and we will continue to try make your match night experience as enjoyable as possible.



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EDINBURGH
CAPITALS



EDINBURGH CAPITALS V NORTH Ayrshire WILD

SCOTTISH NATIONAL LEAGUE

SUNDAY 30TH NOVEMBER

MURRAYFIELD ICE ARENA

ICE
HOCKEY
2025-26

Your 2025-2026 Edinburgh Capitals



Steven Lynch
Head Coach



Jim Paterson
Team Manager



13
Ciaran Hoggan



24
Ben Keddie



88
Jonnie Livingstone



3
Dean Walker



7
Cameron Wilkie



8
Adam Robinson



9
Cammy Gallacher



10
Sean Cochrane



16
Conner McNulty



17
Joe Lynch
Assistant Captain



18
Ben Coughtrie



19
Rhys Stenhouse



20
Aaron Robertson



22
Aiden Paterson
Assistant Captain



24
Kyle Howie



25
Ross Dalglish



27
Sean Stewart



33
Scott Geddes



37
Chad Smith
Assistant Coach



43
Justin Finnigan



47
Joel Gautschi
Captain



50
Charlie
McLaughlin-
Hanna



68
Lukas James



77
Scott McKay



78
Rihards Grigors



90
Kris Phillips



Capitals Action



Left: What 'Skate with the Capitals' is all about.

Pic: Mark Brown

Right: Maybe Kyle's ex teammates are asking what's it like to be a Capital?

Picture: Ian Coyle



Left: 'Philly' (right) opens the scoring last Saturday

Picture: Mark Brown



RIGHT; Chad makes it 2-0 against the Wild.

Picture: Ian Coyle



Top 25 Points and Netminders Stats All Games

SNL Stats at 26th November

								Averages per Game			
Rank	Player	Team	GP	Gls	Asst	Pts	PiM	Gls	Asst	Pts	PiM
1	Joe Lynch	Capitals	13	14	13	27	22	1.08	1.00	2.08	1.69
2	Deniss Kontseus	Rockets	12	12	15	27	4	1.00	1.25	2.25	0.33
3	Harry Harley	Warriors	13	8	19	27	2	0.62	1.46	2.08	0.15
4	John Dolan	Rockets	10	6	22	28	6	0.60	2.20	2.80	0.60
5	Phil Edgar	Warriors	13	10	15	25	12	0.77	1.15	1.92	0.92
6	Chad Smith	Capitals	12	9	13	22	8	0.75	1.08	1.83	0.67
7	Brant Saretsky	Lynx	9	4	16	20	8	0.44	1.78	2.22	0.89
8	Martyn Simpson	Pirates	14	6	14	20	17	0.43	1.00	1.43	1.21
9	Chris Wilson	Pirates	12	7	15	22	17	0.58	1.25	1.83	1.42
10	Jack Henderson	Rockets	12	13	7	20	18	1.08	0.58	1.67	1.50
11	Cameron Ware	Warriors	11	9	10	19	8	0.82	0.91	1.73	0.73
12	Conor Duncan	Lynx	13	10	8	18	8	0.77	0.62	1.38	0.62
13	Dylan Murray	Wild	13	10	8	18	50	0.77	0.62	1.38	3.85
14	Callum Queenan	Warriors	12	7	10	17	4	0.58	0.83	1.42	0.33
15	Rio Page	Rockets	11	12	4	16	11	1.09	0.36	1.45	1.00
16	Lewis McIntosh	Rockets	12	11	5	16	2	0.92	0.42	1.33	0.17
17	Allan Anderson	Kestrels	13	6	11	17	8	0.46	0.85	1.31	0.62
18	Adam Wood	Warriors	12	4	12	16	15	0.33	1.00	1.33	1.25
19	Sam McCluskey	Rockets	11	3	13	16	12	0.27	1.18	1.45	1.09
20	Jordan Leyden	Lynx	11	10	5	15	2	0.91	0.45	1.36	0.18
21	Mark Laing	Lynx	9	7	8	15	4	0.78	0.89	1.67	0.44
22	Joel Gautschi	Capitals	11	7	8	15	10	0.64	0.73	1.36	0.91
23	Marcus Murdoch	Pirates	15	7	8	15	10	0.47	0.53	1.00	0.67
24	Craig Peacock	Pirates	10	9	5	14	2	0.90	0.50	1.40	0.20
25	Conner McNulty	Capitals	13	8	6	14	6	0.62	0.46	1.08	0.46

Netminders Stats. Based on 'Goals against Average' Min 120 mins played

Rank	Netminder	Team	GP	TOI MinSec	Shots Agst	Saves	Gls Agst	Save %	Gls Agt Ave	PiM	Shut out *
1	Euan Simpson	Rockets	13	300.00	107	100	7	0.935	1.4	0	1
2	Ben Keddie	Capitals	13	667.23	345	326	19	0.945	1.71	0	3
3	Thomas Brown	Warriors	13	698.38	362	340	22	0.939	1.89	0	4
4	Daniel McGowan	Pirates	13	661.30	384	355	29	0.924	2.63	0	0
5	Andrew Little	Kestrels	6	360.00	198	182	16	0.919	2.67	0	0
6	Dale Shearer	Rockets	13	484.40	212	190	22	0.896	2.72	0	1
7	Craig Holland	Kestrels	12	404.47	234	213	21	0.910	3.11	27	0
8	Rory Wood	Lynx	14	669.41	389	350	39	0.900	3.5	0	0
9	Harry Campbell	Sharks	12	698.08	582	535	47	0.919	4.04	0	0
10	Callum Donaghy	Pirates	13	298.30	161	140	21	0.870	4.22	0	2
11	Caiden MacColl	Wild	13	780.00	530	461	69	0.87	5.31	0	0
12	Matthew Reid	Thunder	13	396.26	440	363	77	0.825	11.65	0	0
13	Thomas Mangan	Thunder	9	319.18	364	294	70	0.808	13.15	0	0

* Full game shut outs.

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Murrayfield Ice Arena

13 Riversdale Crescent

Edinburgh EH12 5XN

Phone: 0131 337 6933

email: info@murrayfieldicearena.co.uk

Web site: www.murrayfieldicearena.co.uk

Ice Pad

200 ft by 97 ft (61 m x 30m)

Capacity 3,500

Rink Constructed 1939

In 2013 the rink was designated a Category B listed structure by Historic Environment Scotland due to being "an extremely rare" surviving example of a purpose-built ice rink building featuring a stylish 1930s Art Deco Facade



Edinburgh Capitals

Founded 1998

Home Colours: White-Blue

Away Colours : Blue-White

Head Coach: Steven Lynch

Assistant Coach: Chad Smith.

Team Manager: Jim Paterson.

Equipment: Blaine Moore, Mackenzie Martin.

Media Manager: Mark Easton.

Announcer: TBC

Music: TBC

Official Photographers: Ian Coyle, Mark A Brown

Official Scorer: Gill MacDiarmid

Timekeeper: K. Borthwick

Mascot: Pawz

Cover Design: Helen O'Neill

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Honours

Northern League Champions 2023-24

SNL Play Off Champions 2023-2024

Northern Challenge Cup 2024

We welcome North Ayrshire Wild for the second game in succession but this time it's for league points. We duly qualified for the Scottish Cup semi-finals last weekend. To be honest it was not one of our better performances but Wild showed real endeavour and made it difficult to break them down and had a netminder who was seeing the puck the size of a football.

It was great to see Ben log his third shut out of the season and Kris score his first goal of the season.

We will have to wait on the quarter finals being decided before we know who we draw in the next round and that won't be until the second leg of Kestrels and Rockets is played on 3rd January. They played last Sunday in the first leg with Lynx and Kestrels playing their second leg tie last night with Lynx leading 10-4.

The Capitals league battle continued last night with a visit to Kirkcaldy which will have been another tough game for the guys.

Tonight starts a run of five successive home games during which we hope to strengthen our league position.

We do not have a home game next weekend and it's Whitley Warriors here on the 13th December which is also our Teddy Toss night for kids in the local area. Can we ask if you can get a Teddy Bear to please bring it along wrapped in a bag so it doesn't get wet on the ice when and if we score our first goal. Any contribution will be greatly appreciated.

The countdown is on for the Hogmanay game and tickets are selling fast. We hope to beat last Hogmanay's attendance which was 2,500 so make sure you get your tickets before they are all gone. Attendances for the last game of the year have increased year on year so make sure you don't miss out.

Looking ahead the schedule for the IIHF Cup of Nations here in February has been confirmed by the IIHF. Details of games and where to buy tickets are on page 15 of this programme.

To those who follow the SNL stats in our programme can I apologise for some of the errors in the stats printed last in last weeks edition. They were cross referenced with those on the SIH web site but some players are missing from the SNL list and some stats had not been updated in time for our copy deadline. Enjoy the game and we will be back on 13th December v Whitley.



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Capitals S N L and Cup Statistics @ 24th November 2025

Courtesy of Capitals Statistician

Average per Game

#	Player	GP	Gls	Assts	Pts	PiM	GIS	Asst	Pts	PiM
17	Joe Lynch	13	14	13	27	22	1.08	1.00	2.08	1.69
37	Chad Smith	12	9	13	22	8	0.75	1.08	1.83	0.67
47	Joel Gautschi	11	7	8	15	10	0.64	0.73	1.36	0.91
16	Conner McNulty	13	8	6	14	6	0.62	0.46	1.08	0.46
78	Rihards Grigors	13	3	10	13	17	0.23	0.77	1.00	1.31
27	Sean Stewart	13	3	8	11	12	0.23	0.62	0.85	0.92
10	Sean Cochrane	13	7	3	10	4	0.54	0.23	0.77	0.31
22	Aidan Paterson	12	2	4	6	10	0.17	0.33	0.50	0.83
8	Adam Robinson	12	1	4	5	6	0.08	0.33	0.42	0.50
33	Scott Geddes	12	0	5	5	0	0.00	0.42	0.42	0.00
9	Cameron Gallacher	13	1	1	2	6	0.08	0.08	0.15	0.46
20	Aaron Robertson	7	1	1	2	2	0.14	0.14	0.29	0.29
90	Kris Phillips	13	1	1	2	8	0.08	0.08	0.15	0.62
3	Dean Walker	11	0	2	2	0	0.00	0.18	0.18	0.00
18	Ben Coughtrie	8	0	2	2	36	0.00	0.25	0.25	4.50
24	Kyle Howie	12	1	0	1	2	0.08	0.00	0.08	0.17
77	Scott McKay	11	0	1	1	16	0.00	0.09	0.09	0.00
50	Charlie McLoughlin-Hanna	9	0	0	0	0	0.00	0.00	0.00	0.15
7	Cameron Wilkie	13	0	0	0	2	0.00	0.00	0.00	1.00
68	Lukas James	2	0	0	0	2	0.00	0.00	0.00	0.63
43	Justin Finnigan	8	0	0	0	5	0.00	0.00	0.00	0.64
19	Rhys Stenhouse	11	0	0	0	7	0.00	0.00	0.00	1.60
25	Ross Dalgleish	5	0	0	0	8	0.00	0.09	0.09	1.45

Netminder League and Cup Stats

#	Netminder	GP	TOI	Shots	Saves	Gls Ag	Save%	Gls Ag Ave	Shut Out	PiM
13	Ciaran Hoggan	13	119:15	89	85	4	.955	2.02	0	2
34	Ben Keddle	13	667:23	345	326	19	.945	1.71	3	0
88	Jonnie Livingstone									

Capitals Period SNL Games Stats at 24th November

Period	1	2	3	OT/PSW	OT/PSL	Total
Wins	8	9	5	2	0	24
Draws	4	3	6	0	0	13
Losses	1	1	2	0	0	4
Goals Scored per Period	14	27	15	2	0	58
Goals Lost per Period	4	8	11	0	0	23



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Capitals Fixtures and Results 2025-26

Day	Date	HA	Opponent	Comp	Final Score		Period Scores (Capitals first)							Shots on Caps	Shots on Opp	PiM on Caps	PiM on Opp	Caps MoM
					Caps	1st	1	2	3	OT								
Sun	31/08	H	Paisley Pirates	EXH	6	1	1	0	2	0	4	1	-	34	36	12	12	16
Sat	06/09	A	Sheffield Steeldogs	EXH	2	5	2	1	0	2	0	2	-	70	21	4	2	24
Sun	07/09	H	Sheffield Steeldogs	EXH	2	14	0	7	2	5	0	2	-	49	28	8	14	22
Sat	13/09	H	Solway Sharks	SNL	4	1	0	0	3	1	1	0	-	18	58	8	10	24
Sat	20/09	A	Kilmarnock Thunder	SNL	P	P												
Sat	27/09	H	Kirkcaldy Kestrels	SNL	6	5ps	1	1	2	2	2	2	0-0	46	37	10	5	17
Sun	28/09	A	Kirkcaldy Kestrels	SNL	5	3	0	1	5	0	0	2	-	38	41	48	39	78
Sat	04/10	H	Paisley Pirates	SNL	4	1	2	1	1	0	1	0	-	34	39	6	6	10
Sat	11/10	H	Whitley Warriors	SNL	3	1	0	0	3	1	0	0	-	23	31	8	18	37
Sat	18/10	H	Aberdeen Lynx	SNL	2	0	0	0	2	0	0	0	-	39	29	10	10	34
Sat	25/10	H	Dundee Rockets	SNL	4	2	2	0	0	0	2	2	-	25	28	22	40	27
Sun	26/10	A	Dundee Rockets	SNL	5	4ot	4	1	0	1	0	2	1-0	51	30	12	8	17
Sat	01/11	A	North Ayrshire Wild	SCup	6	2	2	0	2	1	2	1	-	32	52	26	18	43
Sun	02/11	A	Paisley Pirates	SNL	6	0	1	0	3	0	2	0	-	29	40	15	17	16
Sat	08/11	A	Aberdeen Lynx	SNL	6	2	1	0	2	2	3	0	-	26	46	6	8	78
Sun	16/11	A	Solway Sharks	SNL	5	2	1	0	2	0	2	2	-	27	65	9	6	37
Sat	22/11	H	North Ayrshire Wild	SCup	2	0	0	0	2	0	0	0	-	14	38	11	13	34
Sat	29/11	A	Kirkcaldy Kestrels	SNL														
Sun	30/11	H	North Ayrshire Wild	SNL														
Sat	13/12	H	Whitley Warriors	SNL	Annual Teddy Toss													
Sat	27/12	H	Dundee Rockets	SNL	7:30 pm Face off													
Wed	31/12	H	North Ayrshire Wild	SNL	2:00 pm Face off													
Sat	03/01	H	Solway Sharks	SNL														
Sat	10/01	A	Aberdeen Lynx	SNL														
Sat	17/01	H	Kilmarnock Thunder	SNL	Retro Night													
Sat	24/01	A	North Ayrshire Wild	SNL														
Sat	31/01	H	Paisley Pirates	SNL														
Sun	01/02	A	Whitley Warriors	SNL														
Sat	07/02	H	Kilmarnock Thunder	SNL	Valentines Night													
Sat	14/02	A	North Ayrshire Wild	SNL														
Sat	21/02	H	Aberdeen Lynx	SNL														
Sat	28/02	A	Kilmarnock Thunder	SNL														
Sun	01/03	A	Solway Sharks	SNL														
Sat	07/03	H	Kirkcaldy Kestrels	SNL	Skate with the Capitals													
Sat	21/03	A	Paisley Pirates	SNL	To be played at MIA													
Sun	22/03	A	Whitley Warriors	SNL														
Sat	29/03	A	Dundee Rockets	SNL														

Legend: EXH, Challenge: S N L– Scottish National League: SC–Scottish Cup:
Please check the Capitals web site for any late changes

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Stats from Last Saturday's Game

Capitals Goals					
#	Scorer	Asst1	Asst2	Time	Type
1	90	9	78	28:01	=
2	37	3	47	35:38	SH

Capitals Penalties					
#	Offence	Time	Pen	Mins	
17	Hooking	11:11	2:00		
18	X Checking	34:37	2:00		
9	Interference	47:43	2:00		
77	Fighting	47:43	5:00		

Shots on Goal; Ben Keddie 6-4-4=14

Did not play: # 20, 22, 68, 88.

Wild Goals					
#	Scorer	Asst1	Asst2	Time	Type
1					

Wild Penalties					
#	Offence	Time	Pen		
8	Hooking	1:31	2:00		
22	High Sticks	14:30	2:00		
5	Delay of Game	16:15	2:00		
18	Slashing	30:04	2:00		
18	Fighting	47:43	5:00		

Shots on Goal; Caiden McColl: 12-17-8=38

Did not play: # 35,7,14, 18, 20, 25,67,88



Left: Ben Keddie's performance won him Caps Man of the Match

Right: Kris Phillips was voted Lion of the Game by his fellow players.



Who's Visiting the Lions Den Next ?



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SNL League Results and Fixtures

Saturday 22nd November					Saturday 29th November				
Dundee Rockets	3	Whitley Warriors	2		Kirkcaldy Kestrels		Edinburgh Capitals		
Kilmarnock Thunder	1	Paisley Pirates	18		North Ayrshire Wild		Solway Sharks		
Solway Sharks	2	Aberdeen Lynx	5		Paisley Pirates		Whitley Warriors		

Scottish Cup					Sunday 30th November				
Edinburgh Capitals	2	North Ayrshire Wild	0		Edinburgh Capitals		North Ayrshire Wild		

Sunday 23rd November					Scottish Cup				
Whitley Warriors	3	Aberdeen Lynx	0						
Paisley Pirates	7	Kilmarnock Thunder	1						

Kirkcaldy Kestrels	2	Dundee Rockets	6						
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Note: The forfeited Whitley v North Ayrshire game has been awarded to Whitley 5-0.

League Standings at 26th November

Pos	Team	GP	W	L	OTL	GF	GA	GI Diff	Pts	Streak
1	Whitley Warriors	15	11	3	1	84	27	57	23	W1
2	Edinburgh Capitals	11	11	0	0	50	21	29	22	W11
3	Paisley Pirates	16	10	6	0	83	50	33	20	W2
4	Dundee Rockets	12	9	2	1	93	28	65	19	W4
5	Kirkcaldy Kestrels	14	6	6	2	55	39	16	14	L1
6	Aberdeen Lynx	13	7	6	0	63	40	23	14	L1
7	Solway Sharks	12	3	9	0	18	49	-31	6	L4
8	North Ayrshire Wild	12	2	10	0	34	66	-32	4	L2
9	Kilmarnock Thunder	13	0	13	0	19	179	-160	0	L13

SNL Fixtures — Results

Home Team	AL	DR	EC	KT	KK	NAW	PP	SS	WW
Aberdeen Lynx		3-2 13-12	2-6 10-01	22-1 14-03	1-2 3-2	9-2 28-03	17-01 14-02	5-3 07-02	3-6 20-12
Dundee Rockets	21-12 21-03		4-5ot 29-03	18-1 24-01	6-1 31-01	14-1 08-02	8-2 10-01	02-11 28-03	3-2 01-03
Edinburgh Capitals	2-0 21-02	4-2 27-12		17-01 07-02	6-5ps -03	30-11 31-12	4-1 31-01	4-1 03-01	3-1 13-12
Kilmarnock Thunder	31-01 07-03	3-17 06-12	20-09 pp 28-02		1-6 28-03	3-12 21-03	3-9 1-18	13-12 14-02	2-20 21-02
Kirkcaldy Kestrels	27-12 15-02	14-12 17-01	3-5 29-11	18-0 01-02		6-2 21-02	1-3 07-02	5-0 09-11	1-2 06-12
N Ayrshire Wild	06-12 28-02	2-8 07-03	24-01 14-02	8-1 20-12	13-12 10-01		2-5 14-03	2-3 29-11	0-3 03-01
Paisley Pirates	3-4 6-5	07-12 25-01	0-6 21-03	8-0 7-1	6-1 21-12	09-11 01-02		11-01 15-03	29-11 28-02
Solway Sharks	2-5 24-01	01-02 22-03	2-5 01-03	21-12 22-02	04-01 08-03	4-1 14-12	0-6 28-12		2-1 15-02
Whitley Warriors	3-0 25-01	5-6ot 22-02	01-02 22-03	15-2 11-01	3-2ot 14-03	5-2 18-01	7-2 12-10	7-0 07-12	

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Another view of the Origins of Ice Hockey

Many people believe that hockey is a Native American sport due to its long history of being played by Indigenous peoples. However, while it is true that various forms of stick and ball games have been played in North America for centuries, the modern game of ice hockey as we know it today has European roots.

The earliest known version of the game was played in England during the 18th century and involved skating on frozen ponds or lakes with a round ball instead of a puck. It wasn't until the mid-19th century that rules were standardized and teams began playing organized matches.

In North America, early versions of ice hockey were played primarily by British soldiers stationed in Canada before spreading throughout Canadian cities and eventually making their way into the United States. While First Nations players did participate in early games at times, they were not always welcome due to racism and discrimination faced by Indigenous peoples.

Therefore, while there are connections between certain aspects of traditional Native American stick games and modern-day ice hockey, it would be inaccurate to say that hockey is solely a Native American creation. Nonetheless, like many sports around the world, it has become an important part of popular culture among numerous groups – including those within various Indigenous communities across North America.

The myth that hockey is a Native American sport has been around for quite some time. However, this is far from true. Hockey originated in Europe during the 18th century, specifically in England and France. **The first recorded use of skates on ice dates back to Scotland in 1740.** From there, the sport evolved

into what we know today as hockey with games being played both indoors and outdoors across various European countries.

The integration of ice hockey among Native Americans began later when they were introduced to the sport by Canadian settlers who took up residence near their reservations or boarding schools which taught children about Canada culture including its obsession with hockey.

In conclusion, the idea that hockey belongs solely to native people is nothing but a cultural misappropriation. While Native Americans deserve recognition for introducing their unique sports like lacrosse and snow-snake games – two sports deeply rooted within indigenous communities-giving credit to Europeans will no way reduce pride towards those cultures roots instated together through generations of acquiring knowledge developed over time through group interaction. The game was initially called “shinty” or “shinny,” which comes from the Scottish Gaelic word “sionnach.” The stick used to play shinty resembled today's hockey sticks but had no blade at its end.

In many Indigenous cultures, people would use frozen animal bladders as pucks, which they would hit with long wooden poles. European settlers adopted this version of shinny, adding elements such as goals and organized teams.

Over time, ice rinks were built specifically for the purpose of playing this new version of shinny. In 1875, students at Montreal's McGill University came up with standardized rules for what we now call ice hockey.



Ever wanted to skate out onto the ice through the Lion Tunnel with the team?

Edinburgh Capitals are excited to offer a mascot package for the 2025-2026 SNL campaign, which will allow you to meet the team behind the scenes and take to the ice before the opening Face-Off. The package costs £100 and mascots can be of any age. This will cover entry to the game for 1 adult and 1 child.

As a mascot, you and one guest will enjoy the pre-game experience here at Murrayfield Ice Arena with a chance to meet the players and grab photos and autographs. You will then get ready to take to the ice with the Edinburgh Capitals. You will also be able to watch the team warm up from the Capitals bench (helmet and face guard must be worn and can be provided).

As the lights go down and the atmosphere rises, you will skate out with the player of your choice for the opening Face-Off, and photos will be taken as you come through the Caps tunnel. You will then head into the huddle for fist bumps as the boys get ready for game time. Your name will also be announced to the crowd, and your photos and experience will be posted on our club's social media pages.

All mascots and guests must wear a helmet (with a face guard, if under 21). Helmets can be provided. If you are doing a walk-on package, no kit is required.

This will again be on a first-come, first-served basis, and packages are now available to purchase through the Capitals Fanbase App for each home game.

Any additional questions, please contact Scott Neil at scottcapitals@gmail.com

IIHF CUP OF NATIONS

The schedule for the IIHF Cup of Nations here in February has been released as follows:

February 5th: Poland v Slovenia 14:00

Great Britain v Ukraine 18:30

February 6th: Ukraine v Poland 14:00

Great Britain v Slovenia 18:30

February 7th: Slovenia v Ukraine 14:00

Great Britain v Poland 18:30

Tickets are now on sale at

<http://tinyurl.com/EuroCupOfNations>

IIHF



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1st season Capitals Players pre Capitals Statistics

#16 Conner McNulty

Born: Irvine, Ayrshire . Age: 20. Height 178 cm / 5'10" Weight 77 kg / 170 lbs

Season	Team	Team	GP	Goals	Assists	Pts	Pim	Play Offs				
								GP	Goals	Assists	Pts	PiM
2017-18	Kilmarnock Blizzard	Scotland U16	15	4	8	12	4	-				
2018-19	Kilmarnock Blizzard	Scotland U16	13	24	20	44	14	-				
2019-20	Kilmarnock Blizzard	Scotland U16	11	15	15	30	6	-				
2020-21	Did not play	-	-	-	-	-	-	-				
2021-22	Kilmarnock Thunder	SNL	15	6	9	15	6	-				
2022-23	Kilmarnock Thunder	SNL	-	5	3	8	-	-				
	Solway Sharks	NIHL 1	5	0	2	2	0	-				
	Great Britain U18	WJC-18 D2A	3	0	0	0	0	-				
2023-24	Kilmarnock Avalanche	Scotland U19	8	13	8	21	8	-				
	Kilmarnock Thunder	Northern	3	1	1	2	4	-				
	Kilmarnock Thunder	SNL	26	24	31	55	13	2	2	2	4	2
	Playoffs	SNL	2	2	2	4		-				
	Widnes Wild	NIHL 1	8	3	1	4	0	-				
	Peterborough Phantoms	NIHL	4	0	0	0	0	-				
2024-25	Kilmarnock Thunder	SNL	6	2	3	5	7	-				
	Billingham Stars	NIHL 1	25	14	19	33	7	6	6	4	10	4
		Playoffs	6	6	4	10	4	-				

Apologies if our last pre Caps stats confused you as Cameron Wilkie of course played last season

Want to learn to play hockey ?

Murrayfield Juniors are looking to welcome kids into learn the sport, particularly those born between 2015 & 2020. please contact us to book your place.

Learn to Play sessions will teach players to combine such skills as skating, stick handling and shooting. Equipment can be provided but we do ask that the kids have their own skates.

Sessions will run on Monday evenings 5.45pm-6.45pm at Murrayfield Ice Arena. For more details please contact us at the following email address:
mjihc.register@gmail.com



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Hockey Analytics 101: What the data say about strategies that work

A lot of the time, all we see during a hockey game are the goals, the time, the teams, and who scored. There is, however, a lot of data behind this that tells stories about how teams win, not just what they do. Analytics in hockey aren't a trend; they're a step forward. Teams are eager to know where they are failing and where they are succeeding, as well as what actions are leading to goals. A lot of the time, all we see during a hockey game are the goals, the time, the teams, and who scored. There is, however, a lot of data behind this that tells stories about how teams win, not just what they do. Analytics in hockey aren't a trend; they're a step forward. Teams are eager to know where they are failing and where they are succeeding, as well as what actions are leading to goals.

Goals and helpers used to make people happy. How many shots were taken from hazardous places, how many chances did we provide our opponents, how often did we hold the puck, and how often did we exit the defence zone? Everything must be measured.

It helps to know what experts are looking at to figure out which tactics will work. These are the important places:

1. Puck control and an edge in the territory. Controlling the game means more than just having the puck. It means being in the offensive zone more than the defense zone. Two measures show how many shots are made on goal for and against a team. It shows that a team is better when it takes more shots on the other team's goal than it lets them.
2. Quality of shots and chances to score. Every shot is different. A team is not very good if it shoots a lot but from bad spots or is easily stopped. The xG metric predicts how many goals a group of shots will score.
3. Going from defense to offense and back through neutral. Transitions are how quickly and cleanly a team leaves its zone, how well it enters the other team's zone, and how well it runs the game in the middle zone. This kind of information lets you find "bottlenecks" in the way the team is set up.
4. How well special groupings (power play, penalty kill) work. The jobs change depending on how many people are on each team. By looking at analytics, you can see where your team loses the most and where it can win.
5. Athletes' training and work load. Sensors in current systems measure speed, acceleration, distance, and fatigue. This helps you plan work, keep well, and prepare for key season events.

We now know what measures are used, so let's look at how teams use them to get more wins.

First, the study shows that "we controlled" as well as "we fought". A positive Corsi/Fenwick ratio means that a team makes more strikes than it stops. Win-more teams have this ratio. The goal is to play more attack and less

defense.

The quality of your shots matters more than the quantity. Suppose a team shoots a lot but seldom scores. Then wins might still be hard to come by. Teams that win try to make great plays, like shots from close range, low angles, and well-timed passes. According to xG analytics, we will have more chances if we improve how we enter zones and move players around. This means that the plan is a good one.

Third, change and organization. If a team loses the puck often when leaving the zone and allows the opposing team to attack, it might lose even with the puck. It reveals "our exits are less clean" & "we lose the puck more often in the neutral zone". The plan changes: improved exits, stronger neutral zone transitions, and player directions. A team's "digital twin", for instance, may be used to test alternative patterns and watch how shots against and missed chances vary.

Fourth, unique events. A lot of the time, the power play and penalty kill help teams win titles. Analytics show them where they don't protect well when they're short-staffed and what kind of attack from their opponents gives them the most trouble. This information helps them set up a formation that works better.

Fifth, player load and how fresh they are. Teams that have players who are close to their best level instead of those who are hurt or burned out win. Sensors and data tracking help leaders plan breaks, changes, and ways to keep key players from getting too tired so that they can do their best.

- Picture yourself as a coach for a team. You have information: the team shoots a lot, but the average xG is low because many of the shots come from bad spots. Reduce errors by including middle zone help in tactical strategies to go into the scoring zone.
- Change where the shots are coming from; instead of just hitting from far away, attack closer to the goal from "dangerous" spots.
- Check who plays on the power play. The data shows that when you're down a player, your opponent attacks more often from the left side, so when you're down a player, change your team or strategy. Work with your players to reduce their workload. The numbers show that long runs without changes make the team slower and increase the number of turnovers. Cut down on replacements and make the most of rest time. Monitor possession metrics. Monitor Corsi and Fenwick throughout each shift and transfer players if specific trios or pairings lose area or control



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I to M of Hockey Terms

Icing

The situation which occurs when a player shoots or dumps the puck across both the center red line and the opposing team's goal line without the puck going into the net or being touched by an opposing player in their neutral or defensive zones. If an opposing player is first to touch a puck which has crossed both lines in this way, a linesman immediately stops play. Play is resumed with a faceoff in the defending zone of the team that committed the infraction. In many amateur leagues, the "no-touch" icing rule is used, whereby play stops as soon as the puck crosses the goal line. The NHL adopted a rule where the team that committed the infraction is unable to make a line change during the stoppage, so as to discourage teams from icing the puck in order to "get a whistle" which would allow them to change lines; this change has subsequently been adopted by many pro and high-level amateur leagues, but not all. Additionally, most professional and amateur leagues have also adopted a rule whereby play is not stopped if the team committing the icing is shorthanded due to a penalty as in the SNL.

Insurance goal

A goal giving a team a two-point lead over the opposing team.

Interference

The act of impeding an opponent who does not control the puck, an illegal action which incurs a penalty.

Kicking

1. The act of propelling the puck using the skates. A goal may not be scored by kicking a puck into the opposing team's net.
2. The act of kicking an opposing player. This attracts a match penalty.

Kneeing

The act of making contact with an opposing player when leading with an outstretched knee, an illegal action which incurs a penalty

Left wing lock

A defensive ice hockey strategy similar to the neutral zone trap. In the most basic form, once puck possession changes, the left wing moves back in line with the defencemen. These three defenders then play a zone defence by covering a third of the ice each. Since there are normally only two

defencemen, this tactic helps to avoid odd man rushes.

Line change

During play, or after a whistle, a team may choose to substitute their forwards and/or their defencemen, usually in order to keep their players fresh or to match certain players against certain opposing players.

Long change

In the second period, the goaltenders change ends, meaning that the players' bench is closer to the offensive zone rather than the defensive zone. The "long change" can be a factor when a tired line is stuck in the defensive zone and cannot come off due to the increased distance to the bench.

Man advantage

The situation that results when one team is penalized and one of its players is sent to the penalty box, causing the opposing team to have one more player on the ice than the penalized team for the duration of the penalty (major penalty) or until a goal is scored (minor penalty). If two penalties are called on the same team there will be a two-man advantage. If more than two penalties are called on one team the man advantage is limited to two men.

Major penalty

A five-minute penalty

Michigan Also called a **high wrap** or the **lacrosse move**.

The manoeuvre of lifting the puck with the stick and throwing it under the top corner of the goal while skating behind the net, while the goaltender protects the bottom corner

Match penalty

A five-minute penalty that includes automatic expulsion from the game and, depending on the league, possibly subsequent games as well. Match penalties are usually called on only the most serious infractions, such as attempts to deliberately injure an opponent, official, or fan.

Misconduct

A penalty in which the offending player is ruled off the ice for 10 minutes, but may be substituted with another player on the ice.

Concluded in our next programme

TEDDY TOSS 2025

When YOUR Edinburgh Capitals play Whitley Warriors on...

Saturday
13th
December

THIS YEAR'S Teddy Toss, supporting Cash for Kids, will take place on the 13th of December during the Caps vs Warriors game.

AFTER THE FIRST CAPS GOAL, start throwing your bears on the ice and the Supporters Club and the team will help get them off the ice.

YOUR SOFT TOY must be new, and must be sealed in a plastic bag to protect it from the ice. If you do not have one, the SC will have a limited supply of bags on the day.

IF YOU WOULD LIKE to donate a toy for an older child, we will be able to collect these at the SC area next to the Merch Kiosk.

MISSION CHRISTMAS
cashforkids

Toys for Older Children
Very Much Appreciated

EDINBURGH CAPITALS
SUPPORTERS CLUB

8

13

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Statement by the Winter Olympic Federations

In response to recent speculation regarding the potential inclusion of certain additional disciplines from Summer Olympic Federations in the Olympic Winter Games, the Winter Olympic Federations (International Biathlon Union, International Bobsleigh and Skeleton Federation, International Ice Hockey Federation, International Luge Federation, International Skating Union, International Ski and Snowboard Federation, World Curling Federation) have issued the following statement:

The Winter Olympic Federations are fully committed to innovation, universality, and strengthening the special and clearly differentiated appeal of the Olympic Winter Games.

In this context, we fully support and greatly appreciate the opportunity created by the IOC President, Kirsty Coventry, to review all aspects of the Olympic Movement through the Fit for the Future consultation process. This process invites a wide range of ideas from diverse stakeholders to set a coherent, long-term direction for the Olympic Movement.

We applaud the IOC's efforts to continue to modernize the Games in order to engage new audiences, and to explore dynamic and relevant ways to make the Olympic Movement more inclusive yet more sustainable.

The Winter Olympic Federations believe, however, that the future of the Olympic Winter Games is not better served by piecemeal proposals, such as the inclusion of Summer

IF's non-Olympic disciplines into the Olympic Winter Games.

The Winter Olympic Federations are firm in our belief that such an approach would dilute the brand, heritage, and identity that make the Olympic Winter Games unique – a celebration of sports practised on snow and ice, with distinct culture, athletes, and fields of play.

President of the Winter Olympic Federations, Ivo Ferriani said:

“Innovation should focus on evolving existing winter sports to attract broader participation and audiences while enhancing the appeal of the Olympic Winter Games.

A successful example of such evolution is the inclusion of Ski Mountaineering (ISMF), a discipline born from authentic winter environments and emblematic of the continued development of winter sports.”

The Winter Olympic Federations are committed to working in collaboration with the IOC on a comprehensive, coherent strategy, driven by the Fit for the Future approach, to ensure that the Olympic Movement, including the Olympic Winter Games, continues to inspire future generations while remaining true to its authentic spirit.

NHL'ers Looking Forward to Olympic Games

A few weeks into the season and the NHL is starting to find its rhythm. Players are back to the grind that is the regular season: travel, four games in seven nights and a healthy dose of on-ice and video sessions. Coaches inundated with detail and a constant desire to improve. It is, looking and feeling like business as usual.

That business mostly consists of thirty-two teams vying for the Stanley Cup. But what can also be true, is that for the first time in a dozen years, it's not the only symbol of hockey supremacy up for grabs.

For the first time since 2014, NHL players will have the chance to compete and represent their home country at the 2026 Winter Olympic Games in Milan. That news provided its own initial excitement when it was first publicly addressed in Toronto at the 2024 All-Star Weekend but the excitement was intensified this summer when each country announced the first six players of their respective teams. Needless to say, there was a certain buzz around locker rooms in the opening weeks of the season.

Olympic Chatter Commonplace in Locker room

“It's always a topic,” said Oilers' German forward, Leon Draisaitl. “I think guys that are in the running for it or have the chance are excited about it. Obviously, it's been a lot of years since the NHL players have gone, so for a lot of players it will be the first time and that obviously creates a lot of excitement.”

Mattias Ekholm, a teammate of Draisaitl with the Oilers, might not have been one of the first six announced for his home country of Sweden, but has a chance to try and carve out a spot and be part of the excitement and chance to highlight the game.

“Everybody saw the games and what type of hockey we can showcase to the world,” said Ekholm. “I think the Olympics is going to be

something special for whoever goes there. It seems like the 4Nations was just a warmup. I think the Olympics will be even another level to it. It's for sure something that's exciting.”

Of the seventy-two players announced to their respective nations in June, only four current NHL talents competed in the 2022 Winter games in Beijing—Rodrigo Abols and Uvis Balinskis of Latvia and Simon Nemec and Juraj Slafkovsky of Slovakia. Among the veteran NHLer's returning to the Olympic stage for the first time since Sochi is Sidney Crosby. The Canadian Penguins' forward earned a pair of gold medals at the games and had the game-winning tally in Vancouver in 2010.

“I think all that stuff helps,” said Crosby on the boost Olympic excitement can bring to players early on. “I think winning is probably the best, but as far as the energy and I think, just healthy competition when it comes to spots in the lineup, I think that's something that can give us a spark.”

Any spark, buzz or lift in energy is welcomed, especially by a head coach, but the focus remains balanced between NHL club and national team early on—even for one Olympic-bound.

“There are discussions about the opportunities and what the tournament is going to be like and potential possible players,” said John Hynes, head coach of the Minnesota Wild and assistant for Team USA. “I would say for the most part, at least in our building and our room, it's more focused on what we're doing. I would assume as the season goes on, there might be more chatter about it.”

That chatter only figures to get louder from locker room to locker room and beyond as the calendar turns on October next week. Yet another step closer to a long-awaited and evidently, much-anticipated opportunity.





EDINBURGH CAPITALS

Colours: White, Blue, Red

Capitals Goals									
#	Player	Pos		#	Scorer	Asst 1	Asst 2	Time	Type
13	Ciaran Hoggan	NM		1				:	
34	Ben Keddie	NM		2				:	
88	Jonnie Livingstone	NM		3				:	
3	Dean Walker	D		4				:	
7	Cameron Wilkie	D		5				:	
8	Adam Robinson	RW		6				:	
9	Cammy Gallagher	C/W		7				:	
10	Sean Cochrane	F	'A'	8				:	
16	Conner McNulty	C		9				:	
17	Joe Lynch	F	'A'	10				:	
Capitals Penalties									
#	Offence	Time	Pen Mins						
18	Ben Coughtrie	D							
19	Rhys Stenhouse	D							
20	Aaron Robertson	RW							
22	Aiden Paterson	D	'A'						
24	Kyle Howie	F							
25	Ross Dalgleish	C/D							
27	Sean Stewart	D							
33	Scott Geddes	D							
37	Chad Smith	LW/RW							
43	Justin Finnigan	F							
47	Joel Gautschi	C	'C'						
50	Charlie McLaughlin-Hanna	D							
68	Lukas James	C							
77	Scott McKay	C							
78	Rihards Grigors	D							
90	Kris Phillips	C/D							

Head Coach: Steven Lynch. Asst. Coach: Chad Smith. Manager: Jim Paterson. Kit: Mackenzie Martin, Blaine Moore.

#	Netminder	Time on	1	2	3	OT	Total	Time Out	Period Scores
13	Ciaran Hoggan	:						Capitals	Capitals
34	Ben Keddie	:						:	Wild
88	Jonnie Livingstone	:						Referee: _____ Lin	

Season
2025-2026

30th November.

SNL



SCOTTISH
ICE
HOCKEY



NORTH Ayrshire Wild



Colours: Black, Orange

Wild Goals									
#	Player	Pos		#	Scorer	Asst 1	Asst 2	Time	Type
29	Caiden MacColl	NM		1				:	
31	Gary McColl	NM		2				:	
35	Lewis Gardner	NM		3				:	
5	Jack Neil	D		4				:	
7	Matthew Evans	F		5				:	
8	Lewis McCrindle	D	'A'	6				:	
10	Jacob Woods	F		7				:	
11	Kerr Drummond	D		8				:	
12	Jordan McGonigle	D		9				:	
14	Liam Houston	F		10				:	
Wild Penalties									
#	Offence	Time	Pen Mins						
18	Dylan Murray	F							
18	Joshua Sangster	D							
20	Rocco Murray	F							
22	Ross Andreucci	F							
25	Rowan Mills	F							
27	Lennon Deeney	F							
67	Haydn Woods	F							
77	Scott Cowan	C							
78	Zak Kenneth	F							
88	Luca DeSimone	D/C	'C'						
91	Tom Morgenthaler	F	'A'						
97	Kyle Forsyth								

Head Coach: Dominic de Simone

#	Netminder	Time on	1	2	3	OT	Total	Time Out	Period Scores	1	2	3	OT	Final	Time Out	#	Netminder	Time on	1	2	3	OT	Total
29	Caiden MacColl	:						Wild	Wild							31	Gary McColl	:					
35	Lewis Gardner	:														35	Lewis Gardner	:					

For your own safety and that of other fans please remain seated until play stops. Please follow the stewards instructions at all times. They are here to help not hinder you.

Flash photography is not allowed for player and officials safety.

Can you please put your empty cups, beer glasses and general rubbish in the bins around the Arena and not leave them under your seat. Thank You for your co-operation.

Wild MoM _____



Capitals MoM _____

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