

# THANK YOU TO **OUR SPONSORS**











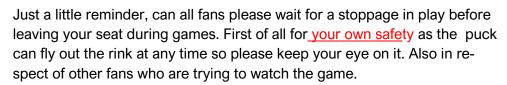
PROXIMO











If you do leave your seat during a break in play please remain at the bottom of the stairs for a stoppage in play before returning. The stewards will be there to advise you of this.

Ice Hockey is promoted as a family sport and here at Edinburgh Capitals this means so much to us as an organisation. Please be respectful of others at all times.

Our aim is for everyone to come to a game and go home feeling they have been entertained both on and off the ice.

We appreciate each and every one of you supporters and we will continue to try make your match night experience as enjoyable as possible.







# Your 2025-2026 Edinburgh Capitals



Steven Lynch Head Coach



Jim Paterson Team Manager



13 Ciaran Hoggan



24 Ben Keddie



88 Jonnie Livingstone



7 Cameron Wilkie



8 Adam Robinson



Cammy Gallacher



10 Sean Cochrane Assistant Captain



Dean Walker

16 Conner McNulty



17 Joe Lynch ssistant Captair



18 Ben Coughtrie



19 Rhys Stenhouse



20 Aaron Robertson



22 24 iden Paterson Kyle Howie



25 Ross Dalgleish



27 Sean Stewart



33 Scott Geddes



37 Chad Smith Assistant Coach



43 Justin Finnigan



47 Joel Gautschi Captain



50 Charlie McLaughlin-Hanna



68 Lukas James



77 Scott McKay



78 Rihards Grigors



90 Kris Phillips

# Capitals Action v Lynx



Left: Mind your back here comes Big Jack.

Picture: Mark Brown

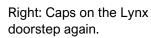
Right: Keep your eyes on the puck at all times.

Picture: Mark Brown



Left: The Lynx defence is breached and they ask how that happened.

Picture: Ian Coyle



Picture: Ian Coyle





# Top 25 Points and Netminders League and Cup Statistics

	S		Averages per Game								
Pos	Player	Team	GP	Gls	Asts	Pts	PiM	Gls	Asts	Pts	PiM
1	John Dolan	Rockets	5	5	15	20	0	1.00	3.00	4.00	0.00
2	Brant Saretsky	Lynx	7	4	15	19	4	0.57	2.14	2.71	0.57
3	Deniss Kontseus	Rockets	6	6	11	17	0	1.00	1.83	2.83	0.00
4	Martyn Simpson	Pirates	10	5	10	15	4	0.50	1.00	1.50	0.40
5	Allan Anderson	Kestrels	9	4	10	14	12	0.44	1.11	1.56	1.33
6	Jack Henderson	Rockets	6	11	3	14	0	1.83	0.50	2.33	0.00
7	Lewis McIntosh	Rockets	6	9	5	14	2	1.50	0.83	2.33	0.33
8	Rio Page	Rockets	5	10	3	13	4	2.00	0.60	2.60	0.80
9	Joe Lynch	Capitals	6	7	6	13	20	1.17	1.00	2.17	3.33
10	Sean Beattie	Rockets	6	3	10	13	11	0.50	1.67	2.17	1.83
11	Chris Wilson	Pirates	7	4	9	13	0	0.57	1.29	1.86	0.00
12	Phil Edgar	Warriors	8	5	8	13	2	0.63	1.00	1.63	0.25
13	Sam McCluskey	Rockets	5	2	10	12	2	0.40	2.00	2.40	0.40
14	Ben Edmonds	Lynx	7	0	12	12	0	0.00	1.71	1.71	0.00
15	Dylan Murray	Wild	8	5	6	11	0	0.63	0.75	1.38	0.00
16	George Pitcaithly	Kestrels	10	5	6	11	2	0.50	0.60	1.10	0.20
17	Chad Smith	Capitals	6	3	8	11	6	0.50	1.33	1.83	1.00
18	Jaydn Baxter	Lynx	7	8	3	11	4	1.14	0.43	1.57	0.57
19	Scott Jamieson	Kestrels	10	9	2	11	2	0.90	0.20	1.10	0.20
20	Adam Wood	Warriors	8	3	7	10	0	0.38	0.88	1.25	0.00
21	Harry Harley	Warriors	8	3	7	10	4	0.38	0.88	1.25	0.50
22	Callum Queenan	Warriors	8	3	7	10	0	0.38	0.88	1.25	0.00
23	Joe Somerville	Falcons	10	5	4	9	5	0.50	0.40	0.90	0.50
24	Conor Duncan	Lynx	7	5	4	9	0	0.71	0.57	1.29	0.00
25	James Spence	Kestrels	10	5	4	9	2	0.50	0.40	0.90	0.20

All Netminders Stats based on Gls Agst Ave (Min. 2:00:00 hours played)

	Naturindan	Toom	GP	TOI	Shots	C	Gls	Cava0/	Gls	PiM	Shut
	Netminder	Team	GP	HrMin Sec	Agst	Saves	Agst	Save%	Agt Ave	PIW	out
1	Thomas Brown	Warriors	8	06:55:41	205	194	11	0.946	1.59	0	2
2	Euan Simpson	Rockets	6	03:00:00	54	49	5	0.907	1.67	0	0
3	Ben Keddie	Capitals	6	06:05:00	200	189	11	0.945	1.81	0	1
4	Dale Shearer	Rockets	6	03:00:00	71	65	6	0.915	2.00	0	0
5	Daniel McGowan	Pirates	9	08:30:55	294	274	20	0.932	2.35	0	2
6	Cameron Kenny	Kestrels	7	02:20:13	75	68	7	0.907	3.00	0	1
7	Rory Wood	Lynx	7	05:09:41	172	156	16	0.907	3.10	0	0
8	Craig Holland	Kestrels	8	06:44:47	234	213	21	0.91	3.11	25	1
9	Harry Campbell	Sharks	7	06:49:14	340	311	29	0.915	4.25	0	0
10	Caiden MacColl	Wild	8	08:00:00	353	302	51	0.856	6.38	0	0
11	Thomas Mangan	Thunder	6	04:08:39	289	238	51	0.824	12.31	0	0
12	Matthew Reid	Thunder	8	02:54:12	199	161	38	0.809	13.09	0	0

All statistics as per Scottish Ice Hockey web site WWW.EDCAPITALS.COM

Murrrayfield Ice Arena 13 Riversdale Crescent Edinburgh EH12 5XN

Phone: 0131 337 6933

email: info@murravfieldicearena.co.uk Web site: www.murrayfieldicearena.co.uk

Ice Pad

200 ft by 97 ft (61 m x 30m) Capacity 3,500

Rink Constructed 1939

In 2013 the rink was designated a Category B listed structure by Historic Environment Scotland due to being "an extremely rare" surviving example of a purpose-built ice rink building featuring a stylish 1930s Art Deco Facade



Edinburgh Capitals Founded 1998

Home Colours: White-Blue Away Colours: Blue-White

Head Coach: Steven Lynch Assistant Coach: Chad Smith. Team Manager: Jim Paterson. Equipment: Blaine Moore, Mackenzie

Martin.

Media Manager: Mark Easton.

Announcer: TBC Music: TBC

Official Photographers: Ian Coyle, Mark

A Brown

Official Scorer: Gill MacDiarmid

Timekeeper: TBC Mascot: Pawz

email enquiries@edinburghcapitals.com

f www.facebook.com/edcapitals

### Honours

Northern League Champions 2023-24 SNL Play Off Champions 2023-2024 Northern Challenge Cup 2024

What a controlled performance the guys put in last Saturday. There was some slick moves by both teams but there was also some scrappy play and we were happy to come out on top in the end.

It was great to see Ben posting his first shut out of the campaign and it was well deserved. At the other end we scored two slick goals and but for an excellent display by Bens opposite number in the Lynx goal and an unforgiving crossbar there might have been a couple more goals to celebrate.

Capitals did a great job in keeping Lynx's points machine, Brent Saretsky quiet who topped the SNL points scoring (4+18 in six games coming into the game).

Still the win, and the perhaps surprising Whitley loss at Solway, sees us sit top of the S N L and deservedly so.

Tonight's game will be another test of our skill and character with the Rockets coming here looking for the two points and will fight every minute of the game to be successful.

Capitals have proven they have the skill, will and determination to provide a huge challenge on the night.

Then we move to Dundee tomorrow night and we would love a big support to cheer the guys on. Whatever tonight's result is one team will be looking for revenge so a very interesting evening should be on the cards.

The face off at Dundee is at five o'clock so you can be home around nine o'clock Should you decide to go you won't be home much different from the time you get home from Murrayfield. Next Saturday we begin our Scottish Cup quest for the season with a visit to North Ayrshire Wild for our Scottish Cup first leg match.

The next game here is actually an 'away game' against Paislev Pirates. Please note Capitals season tickets are not valid for this game and there will be no on line programme. It's hoped a game sheet will be available from the merchandise kiosk. It is also our Foodbank Collection Night.

It's also a 5:30 Face Off.

# 1st season Capitals Players pre Capitals Statistics

#7 Cameron Wilkie.

Born: Kirkcaldy. Age: 19. Height 180 cm / 5'11" Weight77 kg / 170 lbs

Season	Team	League	GP	Gls	Asst	Pts	PiM
2018-19	Fife Flames	Scotland U16	5	0	2	2	2
2019-20	Fife Flames	Scotland U16	7	0	1	1	2
2021-22	Fife Flames	Scotland U16	17	15	6	21	-
	Fife Falcons	Scotland U19	9	3	2	5	-
	Kirkcaldy Kestrels	SNL	1	0	0	0	2
		<u>Playoffs</u>	3	0	3	3	0
2022-23	Kirkcaldy Kestrels	SNL	25	3	6	9	12
		<u>P</u> layoffs	1	0	0	0	0
2023-24	Fife Falcons	Scotland U19	2	0	1	1	2
	Dundee Stars U19	Scotland U19	7	2	3	5	2
	Kirkcaldy Kestrels	SNL	14	1	3	4	4
	Blackburn Hawks	NIHL 1	5	0	0	0	0
		Post Season					
2015-16	Scotland U11	EIHA Conf. U11	5	0	1	1	2
2016-17	Scotland U11	EIHA Conf. U11	5	0	1	1	0
2017-18	Scotland U13	EIHA Conf. U13	5	0	0	0	0
2018-19	Scotland U13	EIHA Conf. U13	2	0	0	0	2
2019-20	Scotland U15	EIHA Conf. U15	0	0	0	0	0
2021-22	Great Britain U16	International-Jr	7	0	0	0	0
2022-23	Kirkcaldy Kestrels	SNL Cup	2	0	1	1	4
2023-24	Kirkcaldy Kestrels	SNL Cup	2	0	0	0	0
	Scotland U19	ENG vs SCO U19	4	0	0	0	
	Dundee Stars U19	Scotland U19	7	2	3	5	2

# PAISLEY PIRATES ON SUNDAY NOVEMBER 2ND FACE OFF 5:30 REMEMBER SEASON TICKETS ARE NOT VALIB AS IT'S \*PAISLEYS 'HOME BAME' IT'S ALSO OUR FOODBANK COLLECTION NIGHT

WWW.EDCAPITALS.COM

	SNL League Results and Fixtures												
Saturda	ıy 181	h October		Saturda	ay 2	5th October							
Edinburgh Capitals	2	Aberdeen Lynx	0	Aberdeen Lynx		Kirkcaldy Kestrels							
Kilmarnock Thunder	3	Dundee Rockets	17	Edinburgh Capitals		Dundee Rockets							
North Ayrshire Wild	2	Paisley Pirates	5	Solway Sharks		North Ayrshire Wild							
Solway Sharks	2	Whitley Warriors	1	Whitley Warriors		Kilmarnock Thunder							
Sunday	/ 19t	h October		Sunday	26t	h October							
Dundee Rockets	6	Kirkcaldy Kestrels	1	Dundee Rockets		Edinburgh Capitals							
Solway Sharks	0	Paisley Pirates	6	Paisley Pirates		Aberdeen Lynx							

# League Standings at 13th October

Pos	Team	GP	W	L	OTL	GF	GA	GI Diff	Pts	Streak
1	<b>Edinburgh Capitals</b>	6	6	0	0	24	11	13	12	W6
2	Whitley Warriors	8	6	2	0	33	14	19	12	L1
3	Paisley Pirates	10	6	4	0	45	27	18	12	W2
4	Aberdeen Lynx	7	5	2	0	47	19	28	10	L1
5	Dundee Rockets	6	5	1	0	65	11	54	10	W2
6	Kirkcaldy Kestrels	10	4	4	2	48	32	16	10	L1
7	Solway Sharks	7	2	5	0	9	30	-21	4	L1
8	North Ayrshire Wild	8	1	7	0	23	51	-28	2	L7
9	Kilmarnock Thunder	8	0	8	0	12	111	-99	0	L8

### SNL Fixtures — Results

Home Team	AL	DR	EC	KT	KK	NAW	PP	SS	ww
Aberdeen Lynx		<b>3-2</b> 13-12	08-11 10-01	<b>22-1</b> 14-03	25-10 01-11	<b>9-2</b> 28-03	17-01 14-02	<b>5-3</b> 07-02	<b>3-6</b> 20-12
Dundee Rockets	21-12 21-03		26-10 29-03	<b>18-1</b> 24-01	<b>6-1</b> 31-01	<b>14-1</b> 08-02	16-11 10-01	02-11 28-03	22-11 01-03
Edinburgh Capitals	<b>2-0</b> 21-02	25-10 27-12		17-01 07-02	<b>6-5ps</b> 07-03	07-12 31-12	<b>4-1</b> 31-01	<b>4-1</b> 03-01	<b>3-1</b> 13-12
Kilmarnock Thunder	31-01 07-03	<b>3-17</b> 06-12	20-09 pp 28-02		<b>1-6</b> 28-03	<b>3-12</b> 21-03	<b>3-9</b> 22-11	13-12 14-02	01-11 21-02
Kirkcaldy Kestrels	27-12 15-02	14-12 17-01	<b>3-5</b> 29-11	<b>18-0</b> 01-02		<b>6-2</b> 21-02	<b>1-3</b> 07-02	<b>5-0</b> 09-11	15-11 06-12
N Ayrshire Wild	06-12 28-02	<b>2-8</b> 07-03	24-01 14-02	08-11 20-12	13-12 10-01		<b>2-5</b> 14-03	<b>2-3</b> 29-11	<b>0-3</b> 03-01
Paisley Pirates	<b>3-4</b> 26-10	07-12 25-01	02-11 21-03	<b>8-0</b> 23-11	<b>6-1</b> 21-12	09-11 01-02		11-01 15-03	29-11 28-02
Solway Sharks	22-11 24-01	01-02 22-03	16-11 01-03	21-12 22-02	04-01 08-03	25-10 14-12	<b>0-6</b> 28-12		<b>2-1</b> 15-02
Whitley Warriors	23-11 25-01	09-11 22-02	01-02 22-03	25-10 11-01	<b>3-2ot</b> 14-03	16-11 18-01	<b>7-2</b> 12-10	<b>7-0</b> 07-12 (	
		WWV	W.EDC	APITAL	S.CON		Street A		

# **Capitals S N L Statistics 2025-26**

#	Player	GP	Gls	Assts	Pts	PiM	GIS	Asst	Pts	PiM
17	Joe Lynch	6	6	7	13	16	1.00	1.17	2.17	2.67
37	Chad Smith	6	3	8	11	6	0.50	1.33	1.83	1.00
10	Sean Cochrane	6	4	2	6	2	0.67	0.33	1.00	0.33
78	Rihards Grigors	6	2	4	6	2	0.33	0.67	1.00	0.33
47	Joel Gautschi	5	3	2	5	4	0.60	0.40	1.00	0.80
16	Conner McNulty	6	1	3	4	4	0.17	0.50	0.67	0.67
22	Aidan Paterson	6	1	2	3	4	0.17	0.33	0.50	0.67
8	Adam Robinson	5	1	1	2	2	0.20	0.20	0.40	0.40
33	Scott Geddes	5	0	2	2	0	0.00	0.40	0.40	0.00
27	Sean Stewart	6	0	2	2	2	0.00	0.33	0.33	0.33
24	Kyle Howie	6	1	0	1	2	0.17	0.00	0.17	0.33
3	Dean Walker	4	0	1	1	0	0.00	0.25	0.25	0.00
43	Justin Finnigan	3	0	0	0	0	0.00	0.00	0.00	0.00
68	Lukas James	1	0	0	0	0	0.00	0.00	0.00	0.00
19	Rhys Stenhouse	4	0	0	0	0	0.00	0.00	0.00	0.00
50	Charlie McLoughlin-Hanna	5	0	0	0	0	0.00	0.00	0.00	0.00
90	Kris Phillips	5	0	0	0	2	0.00	0.00	0.00	0.40
9	Cameron Gallacher	5	0	0	0	2	0.00	0.00	0.00	0.40
77	Scott McKay	4	0	0	0	2	0.00	0.00	0.00	0.50
25	Ross Dalgleish	3	0	0	0	2	0.00	0.00	0.00	0.67
7	Cameron Wilkie	6	0	0	0	2	0.00	0.00	0.00	0.33
18	Ben Coughtrie	3	0	0	0	30	0.00	0.00	0.00	10.00
7	Cameron Wilkie	6	0	0	0	2	0.00	0.00	0.00	0.67
		Cap	oitals	s Ne	tmir	ider S	Stats			
#		GP	TOI	Shots			Save%	Gls Ag Ave	Shut Out	PiM
13	Ciaran Hoggan	6								

#	Netminder	GP	TOI	Shots	Saves	Gls Ag	Save%	Gls Ag Ave	Shut Out	PiM
13	Ciaran Hoggan	6								
34	Ben Keddie	6	365.00	200	189	11	0.945	1.81	1	0
88	Jonnie Livingstone									

## Capitals Period SNL Games Stats at 13th October

	Period	1	2	3	OT/PSW	OT/PSL	Total
	Wins	1	5	2	0	0	8
	Draws	4	1	3	1	0	9
	Losses	1	0	1	0	0	2
A # 0	Goals Scored per Period	3	16	4	1	0	24
	Goals Lost per Period	3	4	4	0	0	11

Capitals Fixtures and Results 2025-26

3Day	Date	НΑ	Opponent	Comp	Sc	Final Score Caps 1st		erioc	l Sco	ores	(Сар	itals1	irst)	Shots on Caps	Shots on Opp	PiM on Cap	PiM on Opp	Caps MoM
					Сар	s 1st		1	2	2	;	3	ОТ		- 1.1	S	• •	IVICIVI
Sun	31/08	Н	Paisley Pirates	EXH	6	1	1	0	2	0	4	1	-	34	36	12	12	16
	06/09	Α	Sheffield Steeldogs	EXH	2	5	2	1	0	2	0	2	-	70	21	4	2	24
	07/09	Н	Sheffield Steeldogs	EXH	2	14	0	7	2	5	0	2	-	49	28	8	14	22
Sat	13/09	Н	Solway Sharks	SNL	4	1	0	0	3	1	1	0	-	18	58	8	10	24
Sat	20/09	Α	Kilmarnock Thunder	SNL	Р	Р												
Sat	27/09	Н	Kirkcaldy Kestrels	SNL	6	5ps	1	1	2	2	2	2	0-0	46	37	10	5	17
Sun	28/09	Α	Kirkcaldy Kestrels	SNL	5	3	0	1	5	0	0	2	-	38	41	48	39	78
Sat	04/10	Н	Paisley Pirates	SNL	4	1	2	1	1	0	1	0	-	34	39	6	6	10
Sat	11/10	Н	Whitley Warriors	SNL	3	1	0	0	3	1	0	0	-	23	31	8	18	37
	18/10	Н	Aberdeen Lynx	SNL	2	0	0	0	2	0	0	0	0	39	29	10	10	34
	25/10	Н	Dundee Rockets	SNL														
	26/10	A	Dundee Rockets	SNL														
			North Ayrshire Wild	SCup	<b>-</b> .	<u> </u>	<u>.                                    </u>				_			00				
	02/11	Α	Paisley Pirates		I o be	e playe	ed a	t M	Α		Fac	ce C	Off 5	:30				
			Aberdeen Lynx	SNL														
	16/11	Н	Solway Sharks	SNL														
	22/11		North Ayrshire Wild	SCup	Skate	e with	the	Cap	oital	S								
	29/11	A	Kirkcaldy Kestrels	SNL														
	30/11		North Ayrshire Wild			drews				ne N	light							
		Н	Whitley Warriors			al Tec	•											
	27/12	Н	Dundee Rockets	SNL		0 pm												
	31/12		North Ayrshire Wild	SNL	2:0	0 pm	Fac	e o	Ħ									
	03/01	Н	Solway Sharks	SNL														
Sat	10/01	Α	Aberdeen Lynx	SNL														
	17/01	Н	Kilmarnock Thunder		Retro	Night	t											
	24/01	Α	North Ayrshire Wild	SNL														
	31/01	Н	Paisley Pirates	SNL														
	01/02	Α	Whitley Warriors	SNL														
Sat	07/02	Н	Kilmarnock Thunder	SNL	Valer	ntines	Nig	ht										
Sat	14/02	Α	North Ayrshire Wild	SNL														
Sat	21/02	Н	Aberdeen Lynx	SNL														
Sat	28/02	Α	Kilmarnock Thunder	SNL														
	01/03	Α	Solway Sharks	SNL														
Sat	07/03	Н	Kirkcaldy Kestrels		Skate with the Car			oital	S									
Sat	21/03	Α	Paisley Pirates	SNL				-										
	22/03	Α	Whitley Warriors	SNL				L IVI	7را									
Sat	29/03	A	Dundee Rockets	SNL														
Jal	23/03	А	DUI IUGE MUUKEIS	SINL										ottioh			<b>~</b> 4	- A

Legend: CHA, Challenge: S N L- Scottish National League: SC-Scottish Cup: Please check the Capitals web site for any late changes



### **GB COACHES FOR 2025-26 NAMED**

Ice Hockey UK is pleased to confirm the head coaches for Great Britain's national teams for the 2025–26 season.

The rest of the coaching staff for each team are still being finalised and will be announced in due course.

This season will see the continuation of investment in our GB Futures / GB Next Gen programme, which will integrate more young talent into senior environments and strengthen the pipeline to future Great Britain teams.

### GB Men Head Coach: Pete Russell

Pete Russell continues in his role of head coach. The most decorated coach in GB history, Russell recently reached 75 games behind the GB bench and has led the national team to four gold medals and multiple top-flight campaigns. Pete started his career as a netminder with Ayr Raiders and had spells at Medway, Dumfries, Blackburn, Paisley, Slough and Castlereagh.

### GB Women Head Coach: Beth Hanrahan

Beth Hanrahan served as an assistant coach for GB Women at last season's World Championship in Dumfries, helping the team to a bronze medal. She brings NCAA player development and technical expertise and is currently assistant coach at Brown University (NCAA).

### GB U20 Men Head Coach: Martin Grubb

Long-time Solway Sharks Head Coach, Martin Grubb continues in his role head coach of GB U20 Men. He's been part of six GB junior medal-winning teams at World Championship tournaments. Grubb has helped develop numerous players into full GB internationals and has a wealth of IIHF World Championship experience. Fife born Martin most notably played with Dumfries Vikings and Dumfries Border Vikings and Solway Sharks.

### GB U18 Men Head Coach: Jamie Elson

Cardiff-based Jamie Elson replaces Sean Easton as head coach of GB U18 Men. Elson has held GB age-group roles since 2020 and delivered strong development programmes across the UK. With a strong video-analysis background, Elson also has EIHL and IIHF experience.

# **GB U18 Women Head Coach: Sean Alderson**Sean Alderson led GB U18 Women to gold and pro-

motion last season and also took interim charge of GB Women at the World Champi-

onship earlier this year. He has worked with the national team since 2011 and has huge experience across men's and women's teams in the GB programme.

# GB Futures (U16 Boys/Girls) Head Coaches: Euan King & Reg Wilcox

Euan King, long-serving Great Britain and Cardiff Devils goaltending and development coach, is confirmed as GB Futures U16 Head Coach, having recently lead them at the Estonia Four Nations tournament in August. King has been part of the GB Programme since 2019-20, winning two gold medals.

Former GB Women's Head Coach, Reg Wilcox will continue to lead GB U16 Women and support the Futures integration. Wilcox has extensive experience in the GB Women's programme for over two decades and has been part of six medal-winning teams at senior and junior level.

### One GB Programme

This coaching group, led by Pete Russell, will work together as the leadership team for the Great Britain programme. There will be appropriate integration across age groups, including aligned game models, shared video and scouting resources, as well as targeted player transitions between GB Futures / GB Next Gen and senior environments.

We are also reaffirming a clear commitment to transparent decision-making:

Selection by committee: In-depth selection committees for each team using agreed criteria and shared evidence which includes video and reports.

Accountability: All selection processes and programme standards will be overseen and held accountable by the GB Performance Committee.

Consistency: Common standards for culture, wellbeing and performance will apply across all teams.

Grant King, COO & Interim Performance Director, said: "This group of coaches brings a fantastic blend of continuity and fresh energy.

"With Pete Russell leading a connected coaching team and with transparent, committee-based selection held to account by our Performance Committee, we're focused on standards, depth and a clear identity across every level of the GB pathway." "We wish each of the coaches all the very best for the season ahead and would like to thank the outgoing coaches for the time, commitment and dedication to the GB programme



### Ever wanted to skate out onto the ice through the Lion tunnel with the team?

Edinburgh Capitals are excited to offer a mascot package for the 2025-2026 SNL campaign, which will allow you to meet the team behind the scenes and take to the ice before the opening Face-Off.

The package costs £100 and mascots can be of any age. This will cover entry to the game for 1 adult and 1 child.

As a mascot, you and one guest will enjoy the pre-game experience here at Murrayfield Ice Arena with a chance to meet the players and grab photos and autographs. You will then get ready to take to the ice with the Edinburgh Capitals. You will also be able to watch the team warm up from the Capitals bench (helmet and face guard must be worn and can be provided).

As the lights go down and the atmosphere rises, you will skate out with the player of your choice for the opening Face-Off, and photos will be taken as you come through the Caps tunnel. You will then head into the huddle for fist bumps as the boys get ready for game time. Your name will also be announced to the crowd, and your photos and experience will be posted on our club's social media pages.

.All mascots and guests must wear a helmet (with a face guard, if under 21). Helmets can be provided. If you are doing a walk-on package, no kit is required.

This will again be on a first-come, first-served basis, and packages are now available to purchase through the Capitals Fanbase App for each home game.

Any additional questions, please contact Scott Neil at scottcapitals@gmail.com

### Tonight's Mascot is

**Harper** who was three on Thursday

Favourite team: She is obsessed with the Capitals

Favourite Caps player: She loves them all

Love most about Hockey: She loves the sport, the team and the atmosphere



### Last weeks Mascot was Zara Johnston



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# Want to learn to play hockey?



Murrayfield Juniors are looking to welcome kids into learn the sport, particularly those born between 2015 & 2020. please contact us to book your place.

Learn to Play sessions will teach players to combine such skills as skating, stick handling and shooting. Equipment can be provided but we do ask that the kids have their own skates.

Sessions will run on Monday evenings 5.45pm-6.45pm at Murrayfield Ice Arena. For more details please contact us at the following email address:

milhc.register@gmail.com

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# What do Scouts and teams look for in future players?

For young athletes dreaming of playing at the professional level, being scouted by a team is often the first step towards that goal. However, many players and their families are left wondering what age team typically start looking at hockey players, and what factors they consider when deciding who to sign.

For many young athletes, getting scouted by a hockey team can feel like a distant dream. However, it's important to remember that scouts are always on the lookout for new talent, and that every player has the potential to catch their attention. Whether you're a young player just starting out, or an experienced athlete looking to take your game to the next level, understanding the ins and outs of hockey player scouting can be the key to success.

One of the primary factors that scouts look for in a player is their **skill set**. This includes everything from stickhandling and shooting to skating and passing. Scouts will often evaluate a player's skill set during games, practices, and drills. They will also take into account a player's physical attributes, such as **height**, **weight**, **and speed**.

### Player's skill level

- 1. Technical skills: Scouts consider a player's skating ability, stickhandling skills, shooting accuracy, and overall hockey IQ when evaluating their technical skills. These skills are essential for players to perform well in games and advance to higher levels of play.
- 2. Physical attributes: Scouts also consider a player's physical attributes such as size, strength, and speed. These factors can have a significant impact on a player's ability to compete and succeed in a highly physical sport like hockey.
- 3. Intangibles: Scouts also evaluate a player's intangibles, such as their work ethic, attitude, and coachability. These qualities can be just as important as a player's physical and technical skills when it comes to success on and off the ice.
- **4. Consistency:** Scouts also look for players who consistently perform at a high level, game in

and game out. Players who have a strong work ethic, mental toughness, and the ability to stay focused and motivated throughout the season are highly valued by scouts.

In summary, a player's skill level is one of the most critical factors that hockey scouts consider when evaluating potential prospects. Scouts carefully evaluate a player's technical skills, physical attributes, intangibles, and consistency before making a decision to sign them to a team.

Age is a Key Factor: Age is an important factor when it comes to scouting hockey players. Young players are more impressionable and can be trained to develop the skills required to become successful in the sport. Scouts look for players who have a natural talent for the game and are willing to work hard to improve their skills.

The Developmental Window: The age range when a player is most likely to develop their skills

is between the ages of 10 and 1This is known as

the developmental window. During this time,

players can develop skills such as stickhandling, passing, shooting, and skating. Players who start playing hockey at an early age and who have access to quality coaching and training facilities have a better chance of developing these skills. Age-Appropriate Competitions: Hockey scouts also look for players who have competed at an age-appropriate level. Players who have played at a high level at a young age are more likely to be scouted. However, it's important to remember that players who dominate at a young age don't always continue to dominate as they get older.

Physical Development: Physical development is also a factor when it comes to scouting hockey players. Scouts look for players who have the physical attributes required to play the sport at a high level. This includes factors such as height, weight, and strength. Players who are taller and stronger may have an advantage over their peers, but it's important to remember that physical attributes alone are not enough to make a successful hockey player.

Importance of early development: Early age development plays a crucial role in determining a player's success in hockey. Scouts look for players who have been honing their skills from a young age and have the potential to develop further

# MoM and Players Lion of the Game award



Ben was voted MoM v Lynx and Thanks to Jo-NI Results fixtures our merchandise girls for presenting the award.



Joel was voted Lion of the Match by his Capitals teammates. A great performance by the skipper.

# Caps v Lynx Stats

### Capitals Goals

JUUUIS

1. 37 from 47 @ 29:36 = strength 2: 8 from 78 and 16 @ 35:29 PP

### **Capitals Penalties**

25 2 mins. High Sticking @ 16:33 77 2 mins Kneeing @ 26:55

37 2 mins Interference @ 33:58

24 2 mins Roughing @ 54:03

17 2 mins Interference @ 55:12

**Shots on** 34 Ben Keddie 15-10-14 = 39

Capitals MoM Ben Keddie

Did not Ice: 18. Ben Coughtrie, 19 Rhys Stenhouse, 68 Lukas James.88 Jonnie Livingstone.

### Lynx Goals

### **Lynx Penalties**

79 2 mins Boarding @ 11:20 74 2 mins Holding @ 22:07

57 2 mins Holding @ 24:22 23 2 mins Tripping @ 34:12

55 2 mins Tripping @ 36:56

**Shots on** 28 Rory Wood 9-12-8 = 29

Lynx MoM: Rory Wood

**Did not ice:** 13 Euan Hanlon, 17 Callum Smith, 34, Kain Mitchell, 44 Daniel Topping, 72 Sean Dyer.

Additions: 26 Rhubin Wilson, 28 Ross

Michie.

The NHL is looking to invest more time and money into efforts to grow the game internationally, particularly in Europe, Commissioner Gary Bettman said following the League's Board of Governors meeting Wednesday.

"We're focused on what we can be doing more outside of North America to continue to grow the game on a world-wide basis," Commissioner Bettman said. "That's becoming an increasing focus and priority for us because we believe we're the most international, certainly with our player composition, of the four major sports in North America and we think there's a great opportunity. But even more than the opportunity we'd like to see the game continue to grow."

Commissioner Bettman said the League is looking at a variety of ways to expand its footprint outside of North America. "We're not talking about starting a league," the Commissioner said. "It's more about playing games, media, grassroots programs, providing content -- the things we do in North America on a regular basis and we've been doing to some extent in Europe. But this is about investing more of ourselves in building."

As part of its efforts toward international growth, on Wednesday the NHL announced a media agreement with Nine to broadcast games in Australia every Saturday morning throughout this season

However, Commissioner Bettman said the focus of the League's international efforts will remain in Europe because of the League's built-in popularity there, the opportunity for growth in hockey communities and its relationships with existing leagues.

To that end, the NHL will continue the Global Series this season with the Pittsburgh Penguins and Nashville Predators playing two games at Avicii Arena in Stockholm, Sweden, on Nov. 14 and 16.

The League and NHL Players' Association are also focused on the return of the World Cup of Hockey in 2028, with games to be played in both Europe and

North America.

NHL Deputy Commissioner Bill Daly said the League expects to receive bids from 18 North American markets and 10 European markets that are interested in hosting World Cup tournament games.

Daly said the League and NHLPA want to be in position to review those bids in time to make decisions in February. "We're focused on the world, but I think Europe is the primary focus in the short term because in Europe we're very well-known and very popular," Commissioner Bettman said. "But we also want to be good citizens in the hockey world with respect to the existing leagues that are there, so we are going to be looking for ways to collaborate to grow the game."

Regarding the Olympics, Commissioner Bettman expressed some concern about the progress being made on the construction of the main hockey venue for the event, the Milano Santagiulia Ice Hockey Arena.

The Associated Press reported Wednesday that local organizers confirmed that the timeline for the construction will not allow the arena to undergo its originally scheduled test event in December. The construction issue leaves open the possibility that the arena will not be tested before the Olympics begin.

The first event scheduled at the arena is a women's ice hockey preliminary competition on Feb. 5. The men's tournament featuring NHL players is scheduled to begin Feb. 11. Commissioner Bettman deferred to the IOC when he was asked about contingency plans.

"This is not our event," the Commissioner said. "We are constrained in what we can and can't do, request and demand, and if it reached a certain point we'll have to deal with it. But I'm not speculating and we've been constantly assured by the IOC and the IIHF (International Ice Hockey Federation) that it will be OK."

# Hockey Moms are a vital part of a team

**Hockey moms** have been a part of the game for decades, and their role has evolved over time. In the early days of hockey, moms weren't as involved in their child's sport as they are today. They would often drop their kids off at the rink and pick them up when the game was over. But as hockey grew in popularity, so did the role of the hockey mom.

While some may believe that a hockey mom's role is limited to transportation and cheering, it goes far beyond that. A **hockey mom** is also responsible for ensuring her child is well-fed, hydrated, and rested for practices and games. She is contagious. may also assist in organizing team events, fundraising, and even coaching.

In recent years, the role of a **hockey** mom has evolved significantly. The traditional image of a hockey mom as simply a chăuffeur, dropping off and picking up kids from practices and games, has expanded to include a broader range of responsibilities and activities.

Today's hockey moms are more involved in their child's development as players and as people. They often take on the role of team manager, organizing schedules, fundraisers, and team events. They also act as a support system for their children and other team members, creating a positive and encouraging atmosphere both on and off the ice.

The modern hockey mom is also more engaged in the hockey community as a whole, volunteering at local rinks and supporting the sport at a grassroots level. With the rise of social media, they also play a role in promoting their child's team and sharing updates with other parents and players.

If you're lucky enough to have a Supportive Hockév Mom on your child's team, make sure to thank her for all that she does!

The **Supportive Hockey Mom** is always there to cheer on her child's team, win or lose. She values

teamwork and encourages her child to be a good sport, on and off the ice. She volunteers her time and resources to help the team, whether it's organizing fundraisers or carpooling to games. She's the first to offer a word of encouragement when her child is feeling down and knows how to celebrate their successes.

The Supportive Hockey Mom is also a great source of emotional support for other parents and players. She's always willing to lend an ear and offer advice when needed, and her positive attitude

Every hockey team has a unique set of moms that support the players from the stands. Here are five types of hockey moms you may encounter:

The Competitive Mom: This mom is all about winning and will do whatever it takes to make sure her child's team is successful. She's not afraid to voice her opinions and can sometimes come across as intimidating.

The Cheerleader Mom: This mom is always upbeat and positive. She's often the loudest mom in the stands, cheering on not only her own child but also every other player on the team. Her enthusiasm is infectious.

The Chill Mom: This mom is laid back and takes a relaxed approach to the game. She's happy to sit back and watch her child have fun on the ice without getting too caught up in the score or outcome.

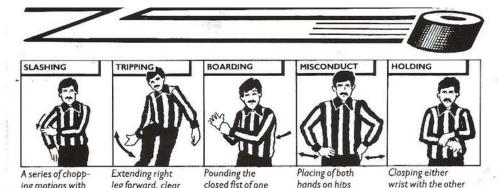
The Social Mom: This mom is all about building relationships with the other parents on the team. She's always organizing events, team dinners, and other social activities to bring the team together off the ice.

The Overprotective Mom: This mom is constantly worried about her child's safety on the ice. She may be quick to criticize other players or coaches and can sometimes come across as overbearing.

Which type of hockey mom are you?

# Official Referee and Linesperson signals

OK, we have published these officials signals previously but we are always adding to our fanbase and some people have been querying the various signals during the game. Here is a refresher on what you might see called during games.





ing motions with

the edge of one

hand across the

opposite forearm.

Tapping either elbow with the opposite hand.



leg forward, clear

striking it with right

of the ice, and

hand below the

knee.

A series of tugging motions with both arms, as if pulling something toward the stomach.



closed fist of one

hand into the open

palm of the other

hand.

A series of forward and backward motions with both fists clenched extending from the chest.



Rotating clenched fists around one another in front of chest.

of chest.

hands on hips

pointing to

several times and

penalized player.



hand well in front

of the chest.

Holding both fists clenched, one immediately above the other, at the height of the forehead.



Both arms swung laterally across the Arms folded across the chest. body with palms down.

- 1. When used by the Referee it means goal disallowed.
- 2. When used by Linesmen it means there is no icing or no off-side.



# EDINBURGH CAPITALS

### DUNDE

Ε	ROCKETS		R)
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4	🏅 Colours: White, B	lue, Red				Season 2025-2026				
#	Player	Pos		#	Scorer	Asst 1	Asst 2	Time	Type	
13	Ciaran Hoggan	NM		1				:		25th October.
34	Ben Keddie	NM		2				:		SNL
88	Jonnie Livingstone	NM		3				:		
3	Dean Walker	D		4				:		DINBURG
7	Cameron Wilkie	D		5				:		1500
8	Adam Robinson	RW		6				:		
9	Cammy Gallagher	C/W		7				:		CARTINE
10	Sean Cochrane	F	'A'	8				:		
16	Conner McNulty	С		9				:		
17	Joe Lynch	F	'A'	10				:		
18	Ben Coughtrie	D				Capit	als Penal	ties		
19	Rhys Stenhouse	D		#		Offence		Time	Pen Mins	
20	Aaron Robertson	RW						:	:	SCOTTISH ICZ IN KEY
22	Aiden Paterson	D	'A'					:	:	ऋ
24	Kyle Howie	F						:	:	
25	Ross Dalgleish	C/D						:	:	
27	Sean Stewart	D						:	:	
33	Scott Geddes	D						:	:	NURRAYFIELD
37	Chad Smith	LW/RW						:	:	
43	Justin Finnigan	F						:	:	Est. 1957
47	Joel Gautschi	С	'C'					:	:	CE RING
50	Charlie MdLaughlin Hanna	D						:	:	
68	Lukas James	С						:	:	
77	Scott McKay	С						:	:	
78	Rihards Grigors	D						:	:	
90	Kris Phillips	C/D						:	:	RINK RATS
Head	Coach: Steven Lynch. Asst.	Coach:: Ch	ad Smith:	. Mana	ger: Jim Pa	terson. Kit: N	lackenzie Ma	artin, Blaine I	Moore.	

Colours: Red, Blue, White					Rockets Goals						ROCKETS
#	Player	Pos		#	Scorer	Assi	1 /	Asst 2	Tim	е	Type
31	Dale Shearer	NM		1					:		
33	Euan Simpson	NM		2					:		
4	Drew Rumgay	D		3					:		
6	Robbie Barnett	F		4					:		
8	Robbie Hill	D		5					:		
10	John Gordon	С		6					:		
11	Deniss Kontseus	F		7					:		
12	Rio Page	F		8					:		
16	John Dolan	F		9					:		
17	Richard Hartmann	F		10					:		
29	Sean Beattie	LW		Rockets Penalties							
19	Sam McCluskey	D	'C'	#		Offer	ıce		Tim	е	Pen Mins
20	Kevin Ross	F							:		:
21	Charlie Scott	D							:		:
25	Ross Paul	D							:		:
26	Grant Reekie	RW							:		:
38	Lewis Neave	F							:		:
42	Andrew Henderson	D							:		:
43	Jack Henderson	F							:		:
51	Cameron McGiffin	D							:		:
92	Lewis McIntosh	С							:		:
93	Ben Brown	F							:		:
96	Michael Ireland	RW							:		:
Head	Coach: Jeff Hutchins.	Netmind	er Co	ach: ˈ	Toni Tamn	ni		Gen	eral Mar	ager:	Rab Brown
т	Final Time Out #	Ne	tmin	der	Tim	e on	1	2	3	ОТ	Total

# Time Out 2 3 Netminder Time on 3 OT **Period Scores** Total OT Final Netminder Time Out Time on 13 Ciaran Hoggan 31 Dale Shearer Capitals Capitals Rockets Ben Keddie 33 Euan Simpson **Rockets** 

For your own safety and that of other fans please remain seated until play stops. Please follow the stewards instructions at all times. They are here to help not hinder you.

Linespersons:

Flash photography is not allowed for player and officials safety.

and

Can you please put your empty cups, beer glasses and general rubbish in the bins around the Arena and not leave them under your seat. Thank You for your co-operation.

**Rockets MoM** 



Jonnie Livingstone

**Capitals MoM** 

Referee: