



Just a little reminder, can all fans please wait for a stoppage in play before leaving your seat during games. First of all for **your own safety** as the puck can fly out the rink at any time so please keep your eye on it. Also in respect of other fans who are trying to watch the game.

If you do leave your seat during a break in play please remain at the bottom of the stairs for a stoppage in play before returning. The stewards will be there to advise you of this.

Ice Hockey is promoted as a family sport and here at Edinburgh Capitals this means so much to us as an organisation. Please be respectful of others at all times.

Our aim is for everyone to come to a game and go home feeling they have been entertained both on and off the ice.

We appreciate each and every one of you supporters and we will continue to try make your match night experience as enjoyable as possible.



WWW.EDCAPITALS.COM

THANK YOU TO OUR SPONSORS



CHRISTMAS

Your 2025-2026 Edinburgh Capitals



Steven Lynch
Head Coach



Jim Paterson
Team Manager



13
Ciaran Hoggan



24
Ben Keddie



88
Jonnie Livingstone



3
Dean Walker



7
Cameron Wilkie



8
Adam Robinson



9
Cammy Gallacher



10
Sean Cochrane
Assistant Captain



16
Conner McNulty



17
Joe Lynch
Assistant Captain



18
Ben Coughtrie



19
Rhys Stenhouse



20
Aaron Robertson



22
Aiden Paterson
Assistant Captain



24
Kyle Howie



25
Ross Dalgleish



27
Sean Stewart



33
Scott Geddes



37
Chad Smith
Assistant Coach



43
Justin Finnigan



47
Joel Gauckschi
Captain



50
Charlie
McLaughlin-
Hanna



68
Lukas James



77
Scott McKay



78
Rihards Grigors



90
Kris Phillips

Capitals Action



Left: Sean nets one of his two counters against the Wild

Pic: Ian Coyle



Right: I've seen you before somewhere, was it North Ayrshire?

Picture: Ian Coyle



Left: 'Happiness is scoring your first goal of the season

Picture: Ian CVoyle



RIGHT: Chad on the charge against the Wild.

Picture: Ian Coyle



Top 25 Points and Netminders Stats League Games

SNL Stats at 8th December

Rank	#	Player	Team	GP	Averages per Game								
					Gls	Asst	Pts	PiM	Gls	Asst	Pts	PiM	
1	17	Joe Lynch	Capitals	15	20	17	37	22	1.33	1.13	2.47	1.47	
2	11	Deniss Kontseus	Rockets	14	13	20	33	4	0.93	1.43	2.36	0.29	
3	16	John Dolan	Rockets	12	8	25	33	6	0.67	2.08	2.75	0.50	
4	24	Harry Harley	Warriors	17	9	21	30	2	0.53	1.24	1.76	0.12	
5	20	Phil Edgar	Warriors	15	13	16	29	18	0.87	1.07	1.93	1.20	
6	37	Chad Smith	Capitals	13	11	17	28	10	0.85	1.31	2.15	0.77	
7	29	Cameron Ware	Warriors	16	14	13	27	15	0.88	0.81	1.69	0.94	
8	19	Chris Wilson	Pirates	14	7	16	23	17	0.50	1.14	1.64	1.21	
9	8	Martyn Simpson	Pirates	17	6	17	23	19	0.35	1.00	1.35	1.12	
10	43	Jack Henderson	Rockets	14	14	8	22	18	1.00	0.57	1.57	1.29	
11	10	Conor Duncan	Lynx	16	12	9	21	10	0.75	0.56	1.31	0.63	
12	47	Joel Gautschi	Capitals	13	9	12	21	14	0.69	0.92	1.62	1.08	
13	92	Lewis McIntosh	Rockets	14	14	6	20	2	1.00	0.43	1.43	0.14	
14	8	Jordan Leyden	Lynx	13	12	8	20	2	0.92	0.62	1.54	0.15	
15	19	Sam McCluskey	Rockets	13	7	13	20	12	0.54	1.00	1.54	0.92	
16	9	Brant Saretsky	Lynx	9	4	16	20	8	0.44	1.78	2.22	0.89	
17	12	Rio Page	Rockets	13	12	7	19	11	0.92	0.54	1.46	0.85	
18	94	Ben Richards	Warriors	15	10	9	19	6	0.67	0.60	1.27	0.40	
19	18	Dylan Murray	Wild	13	10	8	18	50	0.77	0.62	1.38	3.85	
20	70	Marcus Murdoch	Pirates	18	8	10	18	12	0.44	0.56	1.00	0.67	
21	57	Callum Queenan	Warriors	15	7	12	19	4	0.47	0.80	1.27	0.27	
22	22	Adam Wood	Warriors	16	4	14	18	19	0.25	0.88	1.13	1.19	
23	88	Craig Peacock	Pirates	13	10	7	17	2	0.77	0.54	1.31	0.15	
24	18	Allan Anderson	Kestrels	13	6	11	17	8	0.46	0.85	1.31	0.62	
25	24	Ben Edmonds	Lynx	15	1	16	17	0	0.07	1.07	1.13	0.00	

Netminders Stats. Based on 'Goals against Average' Min 180 mins played

Rank	#	Netminder	Team	GP	TOI Min Sec	Shots Agst	Saves	Gls Agst	Save %	Gls AgtAve	PiM	Full Game Shutout
1	20	Liam Griffin	Lynx	14	230.19	132	126	6	0.955	1.56	0	0
2	34	Ben Keddie	Capitals	15	727.23	354	334	20	0.943	1.65	0	3
3	13	Ciaran Hoggan	Capitals	15	180.00	80	75	5	0.927	1.67	2	0
4	33	Euan Simpson	Rockets	14	360.00	132	121	11	0.917	1.83	0	0
5	30	Thomas Brown	Warriors	16	833.36	496	468	28	0.944	1.9	0	3
6	1	Andrew Little	Kestrels	5	480.28	272	253	19	0.930	2.37	12	0
7	31	Dale Shearer	Rockets	14	484.40	212	190	22	0.896	2.72	0	1
8	39	Daniel McGowan	Pirates	15	786.28	466	429	37	0.921	2.82	0	2
9	39	Craig Holland	Kestrels	11	404.47	234	213	21	0.910	3.11	25	1
10	28	Rory Wood	Lynx	16	734.41	412	372	40	0.903	3.27	0	0
11	31	Harry Campbell	Sharks	10	578.08	491	454	37	0.925	3.84	0	0
12	55	Callum Donaghay	Pirates	15	298.3	161	140	21	0.870	4.22	0	0



Murrayfield Ice Arena
13 Riversdale Crescent
Edinburgh EH12 5XN
Phone: 0131 337 6933

email: info@murrayfieldicearena.co.uk
Web site: www.murrayfieldicearena.co.uk

Ice Pad
200 ft by 97 ft (61 m x 30m)
Capacity 3,500
Rink Constructed 1939

In 2013 the rink was designated a Category B listed structure by Historic Environment Scotland due to being "an extremely rare" surviving example of a purpose-built ice rink building featuring a stylish 1930s Art Deco Facade



Edinburgh Capitals

Founded 1998

Home Colours: White-Blue

Away Colours : Blue-White

Head Coach: Steven Lynch
Assistant Coach: Chad Smith.
Team Manager: Jim Paterson.
Equipment: Blaine Moore, Mackenzie Martin.
Media Manager: Mark Easton.
Announcer: TBC
Music: TBC

Official Photographers: Ian Coyle, Mark A Brown
Official Scorer: Gill MacDiarmid
Timekeeper: TBC
Mascot: Pawz

[email enquiries@edinburghcapitals.com](mailto:enquiries@edinburghcapitals.com)

[f www.facebook.com/edcapitals](http://www.facebook.com/edcapitals)

Honours

Northern League Champions 2023-24

SNL Play Off Champions 2023-2024

Northern Challenge Cup 2024

Well, here we are in mid December and looking forward to the rest of 2025's fixtures. There are three tasty and tough games to be played here before we enter 2026.

They start tonight against Whitley Warriors before entertaining Dundee Rockets on the 27th (7:30) Face off and finally the Hogmanay game against North Ayrshire Wild who we seem to have had a run of visits from recently.

Looking beyond the Hogmanay game we have a visit from Solway Sharks on the 3rd of January followed by a trip up to Aberdeen to face the Lynx.

Sadly we lost our 100% winning record at Kirkcaldy a couple of weeks ago and we will be looking to build another winning run. We also fell foul of a new rule whereby if one of the two non British trained players (Imports) is handed a penalty they both can't play until the penalty is over. With Sean sitting out a 2+10 that meant we could not play Richards during that penalty. I'm not sure what that is meant to achieve but, I'm just a humble fan.

The guys were naturally downhearted after the loss to Kestrels and Steven would be looking for a reaction and he, and the fans, certainly got one with a resounding win with a dozen goals against the team we had beaten by just 2 goals the week before. The win took us briefly back to the top of the league but as Whitley had a win weekend they overhauled us. We go in into tonight's game trailing by two points but have five games in hand and a win tonight would strengthen our position. To say tonight's game is massive is an understatement. And we need you all to get right behind the guys throughout the game.

Last weekend saw Wild take Lynx all the way before going down 2-1 on penalty shots. Kestrels are making a run for the title having beaten both the league leaders and second place Warriors in successive games..

As this our final home game prior to Christmas can The Capitals Management, Coaching Staff and Players Thank You for your Massive support so far this season and wish you all a Very Merry Christmas and we'll look forward to seeing you back here on the 27th and 31st to wind up the year.



Capitals S NL and Cup Statistics @ 24th November 2025

Courtesy of Capitals Statistician

Average per Game

#	Player	GP	Gls	Assts	Pts	PiM	GIS	Asst	Pts	PiM
17	Joe Lynch	15	20	17	37	22	1.33	1.13	2.47	1.47
37	Chad Smith	13	11	17	28	10	0.69	1.31	2.15	1.08
47	Joel Gautschi	13	9	12	21	14	0.69	0.92	1.62	1.08
16	Conner McNulty	13	8	6	14	6	0.62	0.46	1.08	0.46
78	Rihards Grigors	15	3	11	14	17	0.20	0.73	0.93	1.13
10	Sean Cochrane	15	9	3	12	4	0.60	0.20	0.80	0.27
27	Sean Stewart	15	3	9	12	26	0.20	0.60	0.80	1.73
22	Aidan Paterson	14	2	7	9	12	0.14	0.50	0.64	0.86
8	Adam Robinson	14	1	4	5	6	0.00	0.36	0.36	0.14
33	Scott Geddes	14	0	5	5	2	0.00	0.36	0.36	0.14
19	Rhys Stenhouse	13	1	2	3	7	0.08	0.15	0.23	0.54
77	Scott McKay	13	1	2	3	20	0.08	0.15	0.23	1.54
3	Aaron Robertson	7	1	1	2	2	0.20	0.60	0.80	1.73
9	Kyle Howie	15	1	1	2	2	0.07	0.07	0.13	0.13
18	Kris Phillips	15	1	1	2	8	0.07	0.07	0.13	0.53
20	Cameron Gallacher	15	1	1	2	10	0.07	0.07	0.13	0.67
24	Dean Walker	13	0	2	2	0	0.00	0.20	0.20	4.00
90	Ben Coughtrie	10	0	2	2	40	0.00	0.20	0.20	4.00
7	Justin Finnigan	10	1	0	1	7	0.10	0.00	0.10	0.13
43	Cameron Wilkie	15	0	1	1	2	0.00	0.00	0.07	1.60
50	Charlie McLaughlin-Hanna	11	0	0	0	0	0.00	0.00	0.00	1.00
68	Lukas James	2	0	0	0	2	0.00	0.00	0.00	1.00
25	Ross Dalgleish	5	0	0	0	8	0.00	0.00	0.00	1.60

Netminder League and Cup Stats

#	Netminder	GP	TOI	Shots	Saves	Gls Ag	Save%	Gls Ag Ave	Shut Out	PiM
13	Ciaran Hoggan	13	179:15	89	85	4	.955	2.02	0	2
34	Ben Keddie	13	667.23	345	326	19	.945	1.71	3	0
88	Jonnie Livingstone									

Capitals Period S NL Games Stats at 24th November

Period	1	2	3	OT	OT/PSW	OT/PSL	Total
Wins	9	9	5	2	2	0	24
Draws	4	4	7	0	0	0	13
Losses	1	1	2	1	0	1	5
Goals Scored per Period	16	27	15	2	2	0	58
Goals Lost per Period	5	8	11	1	0	0	23



Capitals Fixtures and Results 2025-26

Day	Date	HA	Opponent	Comp	Final Score Caps 1st	Period Scores (Capitals first)				Shots on Caps	Shots on Opp	PiM on Caps	PiM on Opp	Caps MoM
						1	2	3	OT					
Sun	31/08	H	Paisley Pirates	EXH	6 1 1 0 2 0 4 1 -	34	36	12	12	16				
Sat	06/09	A	Sheffield Steeldogs	EXH	2 5 2 1 0 2 0 2 -	70	21	4	2	24				
Sun	07/09	H	Sheffield Steeldogs	EXH	2 14 0 7 2 5 0 2 -	49	28	8	14	22				
Sat	13/09	H	Solway Sharks	SNL	4 1 0 0 3 1 1 0 -	18	58	8	10	24				
Sat	20/09	A	Kilmarnock Thunder	SNL	P P									
Sat	27/09	H	Kirkcaldy Kestrels	SNL	6 5ps 1 1 2 2 2 2 0-0	46	37	10	5	17				
Sun	28/09	A	Kirkcaldy Kestrels	SNL	5 3 0 1 5 0 0 2 -	38	41	48	39	78				
Sat	04/10	H	Paisley Pirates	SNL	4 1 2 1 1 0 1 0 -	34	39	6	6	10				
Sat	11/10	H	Whitley Warriors	SNL	3 1 0 0 3 1 0 0 -	23	31	8	18	37				
Sat	18/10	H	Aberdeen Lynx	SNL	2 0 0 0 2 0 0 0 -	39	29	10	10	34				
Sat	25/10	H	Dundee Rockets	SNL	4 2 2 0 0 0 2 2 -	25	28	22	40	27				
Sun	26/10	A	Dundee Rockets	SNL	5 4ot 4 1 0 1 0 2 1-0	51	30	12	8	17				
Sat	01/11	A	North Ayrshire Wild	SCup	6 2 2 0 2 1 2 1 -	32	52	26	18	43				
Sun	02/11	A	Paisley Pirates	SNL	6 0 1 0 3 0 2 0 -	29	40	15	17	16				
Sat	08/11	A	Aberdeen Lynx	SNL	6 2 1 0 2 2 3 0 -	26	46	6	8	78				
Sun	16/11	A	Solway Sharks	SNL	5 2 1 0 2 0 2 2 -	27	65	9	6	37				
Sat	22/11	H	North Ayrshire Wild	SCup	2 0 0 0 2 0 0 0 -	14	38	11	13	34				
Sat	29/11	A	Kirkcaldy Kestrels	SNL	2 3ot 2 1 0 0 0 0 0-1	35	35	26	38	17				
Sun	30/11	H	North Ayrshire Wild	SNL	12 1 3 0 5 0 4 1 -	21	35	12	16	77				
Sat	13/12	H	Whitley Warriors	SNL										
Sat	27/12	H	Dundee Rockets	SNL	7:30 pm Face off									
Wed	31/12	H	North Ayrshire Wild	SNL	2:00 pm Face off									
Sat	03/01	H	Solway Sharks	SNL										
Sat	10/01	A	Aberdeen Lynx	SNL										
Sat	17/01	H	Kilmarnock Thunder	SNL	Retro Night									
Sat	24/01	A	North Ayrshire Wild	SNL										
Sat	31/01	H	Paisley Pirates	SNL										
Sun	01/02	A	Whitley Warriors	SNL										
Sat	07/02	H	Kilmarnock Thunder	SNL	P P									
Sat	14/02	A	North Ayrshire Wild	SNL										
Sat	21/02	H	Aberdeen Lynx	SNL										
Sat	28/02	A	Kilmarnock Thunder	SNL										
Sun	01/03	A	Solway Sharks	SNL										
Sat	07/03	H	Kirkcaldy Kestrels	SNL	Skate with the Capitals									
Sat	21/03	A	Paisley Pirates	SNL	To be played at MIA									
Sun	22/03	A	Whitley Warriors	SNL										
Sat	29/03	A	Dundee Rockets	SNL										

Legend: EXH, Challenge: S NL - Scottish National League: SC - Scottish Cup:
Please check the Capitals web site for any late changes



Individual and Team Stats Courtesy of Caps Official Statistician

Individual Player

#	Player	PP Goals	PP Assts	SH Goals	SH Assts
17	Joe Lynch	3	5	3	0
37	Chad Smith	2	4	1	0
47	Joel Gautschi	2	2	0	2
16	Conner McNulty	3	2	1	0
78	Rihards Grigors	1	4	0	0
10	Sean Cochrane	1	1	0	0
27	Sean Stewart	1	3	0	0
22	Aidan Paterson	1	2	0	0
8	Adam Robinson	1	1	0	0
33	Scott Geddes	0	0	0	0
19	Rhys Stenhouse	0	1	0	0
77	Scott McKay	1	0	0	0
3	Aaron Robertson	0	0	0	0
9	Kyle Howie	0	0	0	0
18	Kris Phillips	0	0	0	0
20	Cameron Gallacher	0	0	0	0
24	Dean Walker	0	0	0	0
90	Ben Coughtrie	0	0	0	0
7	Justin Finnigan	0	0	0	1
43	Cameron Wilkie	0	0	0	1
50	Charlie McLaughlin-Hanna	0	0	0	0
68	Lukas James	0	0	0	0
25	Ross Dalglish	0	0	0	0

Who's Visiting the Lions Den Next ?



SNL League Results and Fixtures

Saturday 29th November			Saturday 6th December					
Kirkcaldy Kestrels	3	Edinburgh Capitals	2ot	Kilmarnock Thunder	4	Dundee Rockets	13	
North Ayrshire Wild	8	Solway Sharks	5	Kirkcaldy Kestrels	2	Whitley Warriors	1	
Paisley Pirates	3	Whitley Warriors	4ot	North Ayrshire Wild	1	Aberdeen Lynx	2ps	
Scottish Cup								
Aberdeen Lynx	10	Kilmarnock Thunder	1	Sunday 7th December				
Sunday 30th November				Paisley Pirates	3	Dundee Rockets	2	
Edinburgh Capitals	12	North Ayrshire Wild	1	Whitley Warriors	3	Solway Sharks	1	

League Standings at 8th December

Pos	Team	GP	W	L	OTL	GF	GA	GI Diff	Pts	Streak
1	Whitley Warriors	18	13	4	1	92	33	59	27	W1
2	Edinburgh Capitals	13	12	0	1	64	25	39	25	W1
3	Paisley Pirates	18	11	6	1	89	56	34	23	W1
4	Dundee Rockets	14	10	3	1	108	35	73	21	L1
5	Kirkcaldy Kestrels	15	7	6	2	58	41	17	16	W1
6	Aberdeen Lynx	14	8	6	0	65	41	24	16	OTW1
7	North Ayrshire Wild	15	3	11	1	44	85	-41	7	OTL1
8	Solway Sharks	14	3	11	0	24	60	-36	6	L6
9	Kilmarnock Thunder	14	0	14	0	23	192	-169	0	L14

If teams are tied on points, positions are decided by head-to-head results then overall goal difference, then goals scored

SNL Fixtures—Results

Home Team	AL	DR	EC	KT	KK	NAW	PP	SS	WW
Aberdeen Lynx		3-2 13-12	2-6 10-01	22-1 14-03	1-2 3-2	9-2 28-03	17-01 14-02	5-3 07-02	3-6 20-12
Dundee Rockets	21-12 21-03		4-5ot 29-03	18-1 24-01	6-1 31-01	14-1 08-02	8-2 10-01	02-11 28-03	3-2 01-03
Edinburgh Capitals	2-0 21-02	4-2 27-12		17-01 07-02pp	6-5ps 07-03	12-1 31-12	4-1 31-01	4-1 03-01	3-1 13-12
Kilmarnock Thunder	31-01 07-03	3-17 4-13	20-09 pp 28-02		1-6 28-03	3-12 21-03	3-9 1-18	13-12 14-02	2-20 21-02
Kirkcaldy Kestrels	27-12 15-02	14-12 17-01	3-5 3-2ot	18-0 01-02		6-2 21-02	1-3 07-02	5-0 09-11	1-2 2-1
N Ayrshire Wild	1-2ps 28-02	2-8 07-03	24-01 14-02	8-1 20-12	13-12 10-01		2-5 14-03	2-3 8-5	0-3 03-01
Paisley Pirates	3-4 6-5	3-2 25-01	0-6 21-03	8-0 7-1	6-1 21-12	09-11 01-02		11-01 15-03	3-4ot 28-02
Solway Sharks	2-5 24-01	01-02 22-03	2-5 01-03	21-12 22-02	04-01 08-03	4-1 14-12	0-6 28-12		2-1 15-02
Whitley Warriors	3-0 25-01	5-6ot 22-02	01-02 22-03	15-2 11-01	3-2ot 14-03	5-2 18-01	7-2 12-10	7-0 3-1	5

What weight of Hockey Stick is best?

Have you ever wondered how much does the hockey stick weight? The answer may surprise you!

Hockey sticks come in all shapes and sizes, so it can be difficult to determine their weight just by looking at them. However, there are some general guidelines that can help. This is because wood is a denser material than carbon fiber or other composites used in many modern hockey sticks.

The typical range for adult-sized hockey sticks is around 400-700 grams (14-25 ounces), but this varies depending on factors such as material type, blade curve, and grip preferences.

A standard senior hockey stick usually weighs between 400-450 grams or 14-16 ounces. This weight may vary depending on several factors like materials used in construction, blade curve, length, flex rating and more.

The science behind choosing the right stick weight mostly depends on an individual player's preference and position played during games. The forward players prefer lighter sticks for quick shots while defensemen tend to use heavier sticks for better control at blocking pucks.

Fiberglass reinforcing layers help create flexibility without increasing the overall mass. Carbon fiber has been discovered with great tensile properties which allow companies now designing thin shafts that can have both low mass yet high durability by weaving carbon fibers together tightly then coating this composite material over other harder elements such as graphite or aluminum alloys effectively creating lightweight but strong structures capable enough to withstand impact stresses well beyond traditional wood designs ever could, " explains Fred Parker Material Scientist at Bauer Hockey Corporation. Different manufacturing processes also contribute greatly to achieving optimal strength-to-weight ratios in modern-day hockey sticks. For instance, some companies use a technique called

carbon nanotubes that adds additional strength by manipulating atoms on an atomic scale.

The right weight of your hockey stick will significantly impact overall player performance by affecting maneuverability, comfort level when handling the puck or taking slap shots along with consistency on the ice. A lighter-sticked player may find it easier to control the movements but has less power than someone who uses heavier equipment.

Lighter or Heavier Sticks

A **lighter** stick undeniably appears nimbler making quick wrist shot execution easy also elevates hand speed enough so that players are likely to shoot harder regardless of their body position; however, if you prefer giving long-range accurate shots then players should go heavier because they deliver superior energy transfer. A lightweight hockey stick makes it easier and faster for players to skate around while handling the puck. They are ideal for forward positions where quickness matters as well as defensemen who must frequently participate in breakouts sequences alongside passing plays.

Heavier

Hockey players who prefer heavy sticks would have more power when taking shots at greater speeds because there will be more mass behind their shot. However, it also means that they need to exert more force and energy consistently throughout each game or practice session making them prone to fatigue quicker compared with someone using a lighter one.

In summary:

A heavy stick results in stronger hits but contributes towards early fatigue.

A light stick allows higher skating speed however lower hitting capability due to less mass behind pucks.



Ever wanted to skate out onto the ice through the Lion tunnel with the team? Edinburgh Capitals are excited to offer a mascot package for the 2025-2026 SNL campaign, which will allow you to meet the team behind the scenes and take to the ice before the opening Face-Off. The package costs £100 and mascots can be of any age. This will cover entry to the game for 1 adult and 1 child.

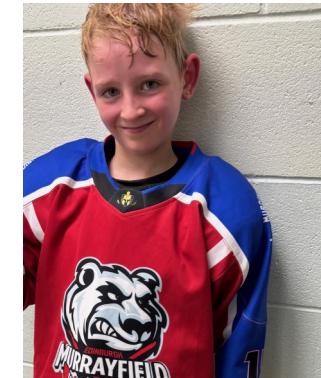
As a mascot, you and one guest will enjoy the pre-game experience here at Murrayfield Ice Arena with a chance to meet the players and grab photos and autographs. You will then get ready to take to the ice with the Edinburgh Capitals. You will also be able to watch the team warm up from the Capitals bench (helmet and face guard must be worn and can be provided).

As the lights go down and the atmosphere rises, you will skate out with the player of your choice for the opening Face-Off, and photos will be taken as you come through the Caps tunnel. You will then head into the huddle for fist bumps as the boys get ready for game time. Your name will also be announced to the crowd, and your photos and experience will be posted on our club's social media pages.

All mascots and guests must wear a helmet (with a face guard, if under 21). Helmets can be provided. If you are doing a walk-on package, no kit is required. This will again be on a first-come, first-served basis, and packages are now available to purchase through the Capitals Fanbase App for each home game.

Any additional questions, please contact Scott Neil at scottcapitals@gmail.com

Tonight's Mascot is



NAME: LOGAN CAREY

AGE: 9

FAVOURITE TEAM: EDINBURGH CAPITALS AND NEW YORK RANGERS

FAVOURITE CAPS PLAYER: JOE LYNCH

LOVES MOST ABOUT HOCKEY: PLAYING IT AND PRACTICING SLAPSHOTHS



1st season Capitals Players pre Capitals Statistics

#24 Kyle Howie

Born: Irvine, Ayrshire . Age: 20. Height 178 cm / 5'10" Weight 77 kg / 170 lbs

Season	Team	Competition	GP	Goals	Assists	POINTS	PiM
2018-19	Lanarkshire Lightning U16	Scotland U16	16	3	1	4	4
2019-20	Fife Flames	Scotland U16	10	2	2	4	0
2021-22	Fife Falcons	Scotland U19	7	2	4	6	-
2022-23	North Ayrshire Wild	SNL	3	0	0	0	0
2023-24	Fife Falcons	Scotland U19	5	3	4	7	0
	North Ayrshire Wild U19	Scotland U19	13	8	10	18	20
	North Ayrshire Wild	SNL	24	7	6	13	14
		Playoffs	2	0	0	0	0
2024-25	North Ayrshire Wild	SNL	23	6	9	15	35
		Playoffs	3	0	0	0	0
2025-26	Edinburgh Capitals	SNL	10	1	0	1	2

Want to learn to play hockey ?

Murrayfield Juniors are looking to welcome kids into learn the sport, particularly those born between 2015 & 2020. please contact us to book

Ready

ok your place.

Learn to Play sessions will teach players to combine such skills as skating, stick handling and shooting.

Equipment can be provided but we do ask that the kids have their own skates.

Sessions will run on Monday evenings 5.45pm-6.45pm at Murrayfield Ice Arena.

For more details please contact us at



mjihc.register@gmail.com



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Professionalise to Perform

As will strongly part of the proposed merger between **Ice Hockey UK**, **England Ice Hockey** and **Scottish Ice Hockey**, the organisations have committed to Professionalise to Perform – building a single, best-in-class operating model that better supports clubs, players, coaches, officials and volunteers.

Together as one, the organisations have made a key promise within this principle and that is the recruitment of several new roles to serve the sport more effectively. An example of that is the plan for the Officiating programme.

Why Officials are central to "Professionalise to Perform"

The development, growth and professionalism of refereeing in the UK is a core component of the proposed governing body, together as one.

Officiating across the UK is currently managed by the Ice Hockey UK Referee Section, which supplies officials for all leagues across the UK, as well as selected international tournaments. The Section acts as an affiliate of **Ice Hockey UK**, supplying officials to IHUK, the Elite League, England and Scotland.

The Section is led by well-regarded, hard-working volunteers – of which the sport simply wouldn't work without – who give their time and expertise to the game.

The proposed merger will build on their success and given the importance of Officiating within the sport, openly recruited, paid and accountable professionals, working in partnership with the volunteer officials who serve the game, will be brought in. Subject to approval of the merger, the governing body has committed to making this a reality within 12-months of a successful merger vote.

What the merged entity will deliver for Officiating

- 1. Create paid, accountable roles within a newly formed Officiating Section, including a full-time Officiating Lead.
- 2. Ensure this Officiating Lead reports directly to the CEO on a day-to-day basis, within the new professionalised structure.
- 3. Deliver strategic, targeted activities to recruit and retain more officials than ever before, with clear pathways from entry level to elite.
- 4. Provide greater support, training and develop-

ment for all officials, including structured education, mentoring and performance review, to enhance career progression and on-ice standards.

- 5. Invest in the development of officials as a core part of the sport's performance system – recognising that better-supported officials improve the experience for players, coaches, clubs and fans alike.

By merging all three organisations and aligning structures, standards and resources, we will be able to:

A stronger governance partnership with officials

Professionalising Officiating is not only about roles and resources – it is also about governance and voice. Under the merged structure, Officiating will be:

- Formally embedded within the new governance framework, with clear lines of accountability and representation;
- Consulted as a key partner on rules, competition structures and player-safety issues; and
- Supported by systems and processes that ensure decisions are made with officials, not just about officials.

This governance partnership is designed to make Officiating more resilient, more transparent and better connected to the rest of the game.

Henry Staelens, Chief Executive Officer at Ice Hockey UK and England Ice Hockey, commented, "Our ambition is not simply to sustain our existing numbers and processes, but to raise standards through more proactive and professional recruitment, retention, training and development. This applies across the sport, but in this case it enhance the experience for our officials, leagues and clubs alike.

"The merger will enable us to create paid roles to oversee the Officiating Section, whose remit will be clear, day in, day out. It will also allow for a single point of contact and consultation from all corners of the UK ice hockey system.

"Volunteers who have worked within the Referee Section have done a brilliant job – it is a thankless task sometimes, we all know that. It is our duty, as a sport, to support them to be better each and every week, and that requires paid, accountable resource and proper governance at the heart of Officiating in the UK."

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N to P of Hockey Terms

Natural hat-trick: A hat trick in which a player scores three goals successively in one period.

Net front presence: An offensive tactic of screening the opposing goaltender, looking to tip shots from farther out, and/or collecting rebounds from the goaltender.

Netminder: Goaltender.

Neutral zone: The area in the middle of the ice rink, between the blue lines.

Neutral zone trap: A defensive strategy focused on preventing the opposing team from proceeding with the puck through the neutral zone (the area between both blue lines) and attempting to take the puck from the opposing team.

Odd-man rush: The situation that occurs when a team enters the attacking zone and outnumbers the opposing players in the zone.

Offensive zone: The area when play is inside a team's defensive blue line.

Official: A person who regulates game play, either on or off the ice. Referee, Linesmen. Off ice: Scorer, timekeeper, goal judge. Team coach, manager.

Offside: When player on the attacking team does not control the puck and is in the offensive zone when a different attacking player causes the puck to enter the offensive zone, until either the puck or all attacking players leave the offensive zone.

One-Timer: The act of shooting the puck directly off a pass without playing the puck in any way.

Original Six: The six teams that made up the entire National Hockey League between 1942 and the league's 1967 expansion: the Boston Bruins, Chicago Blackhawks, Detroit Red Wings, Montreal Canadiens, New York Rangers, and Toronto Maple Leafs.

Overtime: An extra session of play added on after the full regulation time has concluded in order to resolve a tie. The first team to score in overtime wins the game. In the SNL three v three players plus a Netminder play five minutes unless a goal is scored.

Own goal: The act of a team (usually unintentionally) shooting the puck into their own net

instead of their opponent's. For statistical purposes, the last player on the opposing team to touch the puck is awarded the goal.

Paddle: The wide portion above the blade of a goalie's stick.

Penalty box: The area where a player sits to serve the time of a given penalty.

Penalty kill (PK): The set of defensive tactics employed by a team while shorthanded following a penalty, or the particular line of skaters used during such a situation. Penalty kill strategy generally emphasizes keeping the puck out of the shorthanded team's defensive zone and playing with a deliberately slow pace and conservative movements so as to run out the penalty clock, often at the expense of making offensive plays. Icing is not enforced on the shorthanded team.

Penalty shot: A special type of penalty assessed when a defender acts in flagrant violation of a rule in order to prevent a scoring opportunity. Common examples are tripping an opponent who is on a breakaway from behind, throwing a stick, or using the hands to manipulate the puck by a defender other than the goalie. The offensive player is awarded an opportunity to take control of the puck at center ice and challenge the defending goalie one-on-one in an attempt to score. P

Point: Either of the two positions within the opposing team's defensive zone where the blue line meets the boards. A common offensive strategy involves a pair of defensemen occupying the points and attempting to keep the puck from crossing the blue line back into the neutral zone. Players with good long-range shooting skills such as snipers are also frequently positioned at the points.

Poke check: A type of check in which the stick is used to poke the puck away from an opponent.

Power play: The situation that occurs when one team has more players on the ice than the other team as a result of penalties assessed to the shorthanded team.

Pull the goalie: To remove the goaltender from the ice in order to temporarily replace them with an extra skater, usually an attacker capable of scoring goals. Pulling the goalie is usually only done as a last resort, when the pulling team is down by only a single goal and the remaining time in the game is nearly expired.

Q—Z in our next issue

Stats from Kirkcaldy and Wild Game's 29/30 November

Kestrels Goals

#	Scorer	Asst1	Asst2	Time	Type
1	20	44	-	8:59	=
2	97	18	-	56.24	PP
3	97	5	-	60.28	=

Kestrels Penalties

#	Offence	Time	PiM
97	Holding	23:18	2:00
23	Boarding	24:13	2:00
1	Abuse of Official	24:38	10:00
18	Slashing	26:15	2:00
97	Interference	31:46	2:00
18	Interference	38:11	2:00
23	Abuse of Official	39:57	2:00
10	Hooking	52:33	2:00
6	Roughing	54:33	2:00
16	Roughing	54:33	2:00
32	Hooking	56:39	2:00

Shots on Goal; Andy Little: 10-13-11-1 = 35

Did not play # 2, 4, 53, 88

Capitals Goals

#	Scorer	Asst1	Asst2	Time	Type
1	37	17	-	2:32	=
2	47	17	37	7:32	=

Capitals Penalties

#	Offence	Time	PiM
9	Hooking	15:16	2:00
33	Hooking	27:55	2:00
27	Interference	30:35	2:00
47	Hooking	53:27	2:00
27	Roughing	54:33	2:00
27	Abuse of Official	54:33	10:00
37	Roughing	54:33	2:00
18	Delay of Game	55:08	2:00
47	Tripping	58:55	2:00

Shots on Goal; Ben Keddie: 10-10-14-1 = 35

Did not play: # 20, 25, 68, 88

Referee: C Howie, Linesmen: Middleton, McKenzie

Capitals Goals

#	Scorer	Asst1	Asst2	Time	Type
1	17	37	22	3:43	=
2	10	17	47	9:29	PP
3	10	22	24	10:50	=
4	47	27	-	20:30	PP
5	17	47	-	28:18	SH
6	77	19	43	34:07	PP
7	37	17	47	34:41	=
8	17	47	33	38:34	=
9	19	37	-	50:15	=
10	17	19	-	54:00	=
11	17	22	43	57:00	PP
12	78	77	-	59:57	=

Capitals Penalties

#	Offence	Time	PiM
77	Roughing	24:40	2:00
18	Slashing	27:40	2:00
77	Interference	30:47	2:00
22	Tripping	39:32	2:00
9	Cross Checking	42:23	2:00
43	Holding	51:40	2:00

Shots on Goal; Ciaran Hoggan: 3-11-6 = 21

Did not play: # 20, 25, 68, 88

Wild Goals

#	Scorer	Asst1	Asst2	Time	Type
1	88	10	8	40:38	=

Wild Penalties

#	Offence	Time	PiM
20	Slashing	7:50	2:00
67	Slashing	13:19	2:00
12	Slashing	19:57	2:00
93	Roughing	24:40	2:00
91	Slashing	24:46	2:00
12	Holding	33:24	2:00
12	Interference	39:32	2:00
67	Unsportsman Conduct	35:03	2:00

Shots on Goal; Caiden MacColl: 9-15-11 = 35



Our Visitors—Whitley Warriors

Whitley Warriors are one of the most historic and recognisable names in UK ice hockey, with roots dating back to 1957 and a proud tradition at their iconic home, Whitley Bay Ice Rink. After years of competing in the NIHL North, the Warriors have made the exciting move to the Scottish National League for the 2025/26 season, bringing their rich legacy and passionate fanbase into a new era.

The move to the SNL marks a fresh chapter for the club, offering a better fit for their weekend home game model and reigniting cross-border rivalries with Scottish sides. With a renewed focus on player development and competitive balance

LOGO

Despite the Warriors' logo depicting a Native American (the logo and colours being "inspired" by the Washington Redskins) and the associated controversy which resulted in the Redskins removing their logo on the grounds that it was considered racist, there has been no similar discussion around the Warriors'.

Teams like Frölunda Indians HC and Chicago Blackhawks which have similar logos have come under significant pressure to change their logos on similar grounds. Swedish club Frolunda have now decided that they would no longer be called the Indians and would be changing their logo.

Club Honours

British Championship:

Winners – 1972/73, 1973/74

English National League Championship:

Winners – 1999/2000, 2000/01, 2001/02, 2007/08

English National League:

Runners-up – 1997/98



Northern League:

Winners – 1973/74, 1974/75

Runners-up – 1976/77, 1977/78, 2006/07, 2010/11

Northern League Play-offs:

Winners: 2006/07

Runners-up – 1967/68, 1976/77

English National League North:

Winners – 2001/02, 2009/10, 2010/11

Runners-up – 1997/98, 1999/00, 2000/01, 2006/07, 2007/08

English Cup:

Winners – 2001/02

Runners-up – 2000/01

Anglo Scottish Cup:

Winners – 2000/01

Scottish Cup:

Winners – 1991/92,

Runners-up – 1992/93

Heineken British Premier League:

Runners-up – 1987/88

Benson & Hedges Cup:

Runners-up – 1992/93

Autumn Cup:

Winners – 1971/72

Runners-up – 1972/73, 1974/75, 1976/77

BIHA Cup:

Winners – 1957/58, 1958/59 (as Whitley Bees)

NIHL North Cup:

Runners-up – 2019/20, 2021/22

NIHL North Division 1 Moralee:

Winners - 2019/20 Runners-up – 2021/22

Average Goals and Assists per Game

Top 25 Leaders in Goals, Assists, PIM per League Games Only @ 9th Dec.

Average Goals per Game (Min 5 Games played)					Average Assists per Game (Min 5 Games played)				
Rank	Player	Team	GP	Goals	Rank	Player	Team	GP	Assts
1	Joe Lynch	Capitals	13	1.38	1	John Dolan	Rockets	10	2.20
2	Rio Page	Rockets	11	1.09	2	Harry Harley	Warriors	15	1.40
3	Jack Henderson	Rockets	12	1.08	3	Chad Smith	Capitals	12	1.42
4	Cameron Ware	Warriors	13	1.00	4	Martyn Simpson	Pirates	16	1.06
5	Deniss Kontseus	Rockets	12	1.00	5	Joe Lynch	Capitals	13	1.23
6	Dylan Murray	Wild	12	0.91	6	Chris Wilson	Pirates	14	1.14
7	Lewis McIntosh	Rockets	12	0.91	7	Brant Saretzky	Lynx	9	1.78
8	Craig Peacock	Pirates	12	0.83	8	Deniss Kontseus	Rockets	12	1.25
9	Scott Jamieson	Kestrels	15	0.80	9	Phil Edgar	Warriors	15	1.00
10	Joel Gautschi	Capitals	12	0.75	10	Sean Beattie	Rockets	11	1.36
11	Kyle Ross	Warriors	8	0.75	11	Ben Edmonds	Lynx	13	1.15
12	Phil Edgar	Warriors	15	0.73	12	Adam Wood	Warriors	13	1.00
13	Jordan Leyden	Lynx	11	0.72	13	Sam McCluskey	Rockets	11	1.18
14	Conor Duncan	Lynx	13	0.69	14	Cameron Ware	Warriors	13	0.92
15	Sean Cochrane	Capitals	13	0.69	15	Allan Anderson	Kestrels	14	0.86
16	Chad Smith	Capitals	12	0.66	16	Dylan Murray	Wild	12	0.92
17	Ben Richards	Warriors	12	0.66	17	Joel Gautschi	Capitals	12	0.92
18	Sean Beattie	Rockets	11	0.63	18	Callum Queenan	Warriors	13	0.77
19	Mark Laing	Lynx	8	0.62	19	Marcus Murdoch	Pirates	17	0.53
20	Jaydn Baxter	Lynx	13	0.61	20	Rihards Grigors	Capitals	13	0.69
21	Harry Harley	Warriors	15	0.60	21	Ben Walker	Pirates	13	0.69
22	John Dolan	Rockets	10	0.60	22	Andrew Henderson	Rockets	11	0.82
23	Jamie Crawford	Pirates	12	0.56	23	James Callum McLaren	Kestrels	14	0.64
24	Magnus Wrottesley	Lightning	9	0.56	24	Ben Richards	Warriors	12	0.67
25	Callum Queenan	Warriors	13	0.54	25	Michael Ireland	Rockets	12	0.67



Lion of the Match v Wild was Justin who notched his first point in a solid performance





EDINBURGH CAPITALS

Colours: Light Blue

Capitals Goals								
#	Player	Pos	#	Scorer	Asst 1	Asst 2	Time	Type
13	Ciaran Hoggan	NM	1				:	
34	Ben Keddie	NM	2				:	
88	Jonnie Livingstone	NM	3				:	
3	Dean Walker	D	4				:	
7	Cameron Wilkie	D	5				:	
8	Adam Robinson	RW	6				:	
9	Cammy Gallagher	C/W	7				:	
10	Sean Cochrane	F	'A'	8			:	
16	Conner McNulty	C		9			:	
17	Joe Lynch	F	'A'	10			:	
18	Ben Coughtrie	D	Capitals Penalties					
19	Rhys Stenhouse	D	#	Offence		Time	Pen Mins	
20	Aaron Robertson	RW				:	:	
22	Aiden Paterson	D	'A'			:	:	
24	Kyle Howie	F				:	:	
25	Ross Dalgleish	C/D				:	:	
27	Sean Stewart	D				:	:	
33	Scott Geddes	D				:	:	
37	Chad Smith	LW/RW				:	:	
43	Justin Finnigan	F				:	:	
47	Joel Gautschi	C	'C'			:	:	
50	Charlie McLaughlin-Hanna	D				:	:	
68	Lukas James	C				:	:	
77	Scott McKay	C				:	:	
78	Rihards Grigors	D				:	:	
90	Kris Phillips	C/D				:	:	

Head Coach: Steven Lynch. Asst. Coach: Chad Smith. Manager: Jim Paterson. Kit: Mackenzie Martin, Blaine Moore.

#	Netminder	Time on	1	2	3	OT	Total	Time Out	Period Scores	1	2	3	OT	Final	Time Out	#	Netminder	Time on	1	2	3	OT	Total
13	Ciaran Hoggan	:							Capitals	Capitals						Warriors	30	Thomas Brown	:				
34	Ben Keddie	:						:	Warriors						:		32	Joshua Crane	:				
88	Jonnie Livingstone	:							Referee: Linespersons: and								72	Jacob Midgley	:				

For your own safety and that of other fans please remain seated until play stops. Please follow the stewards instructions at all times. They are here to help not hinder you.

Flash photography is not allowed for player and officials safety.

Can you please put your empty cups, beer glasses and general rubbish in the bins around the Arena and not leave them under your seat. Thank You for your co-operation.

WHITELED WARRIORS



Colours: Maroon.

Season 2025-2026
13th December.
SNL



Warriors Goals

#	Player	Pos	#	Scorer	Asst 1	Asst 2	Time	Type
30	Thomas Brown	NM	1				:	
32	Joshua Crane	NM	2				:	
72	Jacob Midgley	NM	3				:	
5	Matty McDonald	D	4				:	
8	Liam Smedley	D	5				:	
13	Kyle Ross	F	6				:	
14	Dean Holland	RW	7				:	
15	Anthony Wetherell	F	8				:	
18	Lucas Campion	F	9				:	
20	Phil Edgar	F	'A'	10			:	
21	Ross Douglass	F	Warriors Penalties					
22	Adam Wood	D	'C'	#	Offence		Time	Pen Mins
24	Harry Harley	D	'A'				:	:
27	Jamie Ord	F					:	:
29	Cameron Ware	F					:	:
34	George Cowey	D					:	:
37	Matty Betham	F					:	:
43	Ethan Reid	D					:	:
44	Ollie Jardine	F					:	:
57	Callum Queenan	F					:	:
64	Owen Yarrow	F					:	:
75	Ethan Dunn	F					:	:
78	Jack Williams	F					:	:
87	Harvey Starkie	F					:	:
92	Jayden White	F					:	:
94	Ben Richards	F						

Head Coach: Tony Hand. Asst. Coach: Shaun Kippen. Robert Pamphilon. General Manager: Willie Dunn.

#	Netminder	Time on	1	2	3	OT	Total
30	Thomas Brown	:					
32	Joshua Crane	:					
72	Jacob Midgley	:					