THANK YOU TO OUR SPONSORS

Just a little reminder, can all fans, please wait until there is a stoppage in play before leaving your seat during the game.

First of all, for **your own safety,** the puck can fly over the safety glass at any time, so please keep your eye on it at all times. Also, in respect of other fans who are trying to watch the game.

Also, if you do leave your seat during a break in play, please remain at the bottom of the stairs until play stops before returning to your seat. The stewards will be there to advise you.

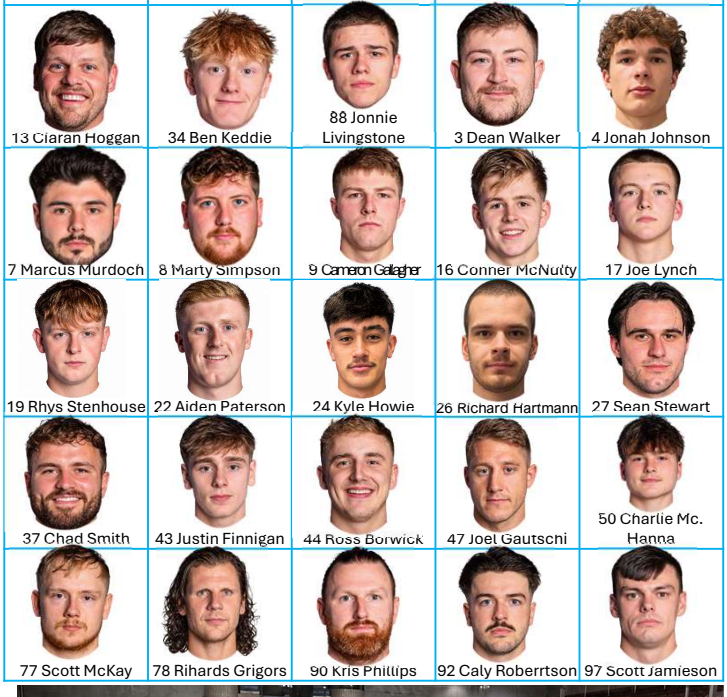
Ice Hockey is promoted as a family sport, and here at Edinburgh Capitals this means so much to us as an organisation. Please be respectful of others at all times.

Our aim is for everyone to come to a game and go home feeling they have been entertained both on and off the ice.

We appreciate every one of you supporters, and we will continue to make your match night experience as enjoyable as possible.



YOUR 2026-2027 EDINBURGH CAPITALS SQUAD





CAPITALS ACTION CAPTURED BY IAN COYLE. MARK BROWN AND AMY NORRIS



Scott Jamieson gives us an early lead with a blistering shot against Rockets. Picture Ian Coyle



Caly looking for an opening in the Rockets' defensive zone
Picture; Mark Brown

HOGMANAY TICKETS SELLING FAST

It's the date every Caps fan looks forward to.

On Thursday 31st December 2026, your Edinburgh Capitals will face our closest rival, the Kirkcaldy Kestrels, at Murrayfield Ice Arena for what promises to be another huge Hogmanay Hockey showdown.

Last seasona record breaking 3,150 fans packed out the Lions Den, creating the first capacity crowd in Edinburgh Capitals history at Murrayfield. This year, our goal is simple, #SellOutTheDen once again and finish 2026 in style.

Face-Off is at 2pm, giving you the perfect opportunity to start your Hogmanay celebrations with an afternoon of ice hockey. Following the game there will be a free one-hour skate for fans before you head off to continue your New Year celebrations.

There is no better way to spend the festive period with the family.

Two fierce rivals will go head-to-head for two valuable SNL league points, with pride and bragging rights on the line. The Edinburgh-Fife rivalry has been a major part of Scottish ice hockey for decades and neither side will want to finish the year on the wrong side of the result.

Head Coach Steven Lynch is already looking forward to the occasion and knows the Caps faithful will turn out in force once again. "It's the game all the boys talk about because we know we'll be playing in front of a huge crowd. Last season we achieved a sell out for the first time in Caps history here at Murrayfield, but we don't want that to be a one-off. We want to do it time and time again."

"You might think Hogmanay is still a long way away, but it will be here before you know it, and the team would love to see you all that afternoon."

"This year, there will be that extra bit of spice knowing we face Kirkcaldy Kestrels. These are two teams who never want to lose to each other. It will be a battle, and we'll be looking to end the year on a high."

"Tickets will sell fast, so don't miss out."

Tickets are now available on Fanbase priced at;

Adult—£15

Child—£9

This game is part of your Capitals Season Ticket.

Murrayfield Ice Arena
13 Riversdale Crescent
Edinburgh EH12 5XN
Phone 0131 337 6933
email:info@murrayfieldicearena.co.uk
Web Site: www.murrayfieldicearena.co.uk
Ice pad 200ft by 97 ft (61m x 30m)
Arena Capacity T B C
Constructed 1939
Since 2013 the rink was designated a Category B listed structure by Historic Environment Scotland due to being "an extremely rare" surviving example of a purpose-built ice rink building featuring a stylish 1930's Art Deco Facade

Edinburgh Capitals
Founded 1998
Team Home Colours: White-Blue
Team Away Colours: Blue-White
Head Coach: Steven Lynch
Associate Coach: Chad Smith
Team Manager: Jim Paterson
Club Statistician: Julie Pat
Equipment: Rob Smith
Official Scorer: Gill McDairmid
Official Timekeeper: M Stewart
Media: Mark Easton
Announcer: Jim
Music: Chips
Official Photographers: Ian Coyle, Mark A Brown and Amy Norris
Mascot: Pawz
emailenquiries@edinburghcapitals.com
f www.facebook.com/edcapitals

Club Honours
2023-24
Northern League Champions
SNL Play-Off Champions
2024
Northern Challenge Cup Winners
2025-26
Scottish National League Winners
Scottish SNL Cup Winners

Despite a battling performance we unfortunately lost our unbeaten league record last Saturday. Coming back to 3-3, we lost a late power play goal and couldn't recover despite pressure on the Rockets goal. Sadly the two late goals killed off any hopes of the hoped-for win. There is still a long way to go in the season, and the guys will surely be up to make amends tonight. We had another terrific attendance for the game, 1,730 came along.

Aberdeen have started to find their true form, and they should provide stiff opposition tonight after their 6-3 win over Paisley last Saturday and a win at Kestrels the following night. Tomorrow we are In Dumfries for the 2nd leg of the Scottish Cup in which we hope our 6 goal lead from the 1st leg will be sufficient to see us progress.

There is no home game next Saturday, but we are at North Ayrshire Wild in search of another two league points. To round October off, we have a visit from Kilmarnock. To start November, we have two very important away games, firstly to Whitley on the 1st, then Dundee on the 7th. All games are of course important, but these two are especially so.

Those who like to print or read the programme will no longer have to log on via Fanbase to do so. In addition to it being on Fanbase, it will also be on the Capitals website, where you will be able to read it or print it directly.

Let's get behind the guys tonight as we look for two more league points. Enjoy the game and be LOUD.

CAPITALS SUPPORTERS CLUB UPDATE

Today sees our first Food Bank collection of the season. We hope to break our previous records for the amount we are able to donate, and our thanks in advance to all of you have brought along contributions. If you missed out this time there will be another opportunity on the 20th of February. As well as helping out people in need you will also be doing your bit to enhance the reputation of Caps in the wider community as a socially responsible organisation.

Our other charity collection is, of course, the Teddy Toss, which takes place on 5th December. While the same reasons as above apply, this is also a lot of fun for fans and players, and the more we get the better the spectacle on the day. So start getting your soft toys (we also collect and donate toys for older children) ready for the day and practise your teddy tossing action. Once again we hope to build on past success and break our previous record.

For our other activities, please keep an eye out for messages on the big screen, or check the ECSC Facebook page.

Once again we're appealing for new members to come and join us on the Supporters Club Committee. New ideas and some extra pairs of hands are needed. The role won't demand a lot of your time, and you'd be contributing towards Caps' success. If you're interested, please come along on match night and talk to one of us (next to the Merchandise desk). Or send a message to one of the committee via our club Facebook page.

And finally... We've said it many times before, it's up on the big screen, and Jim always announces it, but... there are still people getting up and moving about when the puck is in play. This is about much more than blocking the view of the game, this is a serious safety issue.
Have you ever seen anyone getting hit by a puck flying into the crowd? They cause a lot of damage, and some people have had to go to hospital after being struck. It might not happen often... but when it does, everyone has to be aware.
This isn't just a danger to yourself, but also to others who are distracted by your movement.
So please, please, please... stay seated during play, for the sake of yourself and others.
Also, a reminder that flash photography is not allowed due to the safety of players and the match officials.

TOP 25 POINTS SCORERS AND TOP 10 NETMINDERS COURTESY OF SIH STATISTICIAN

#	Player	Team	GP	Gls	Asst	Pts	PiM	Gls	Assts	Pts	PiM
29	Cameron Ware	Warriors	7	6	12	18	12	0.50	1.38	1.88	0.50
8	Jordan Leyden	Lynx	8	4	11	15	4	1.33	0.67	2.00	0.33
44	Ollie Jardine	Warriors	6	8	4	12	2	1.75	1.25	3.00	1.00
17	**Joe Lynch**	**Capitals**	4	7	5	12	4	1.50	1.50	3.00	1.00
71	**Scott Jamieson**	**Capitals**	4	6	6	12	4	0.86	0.71	1.57	0.00
92	Chris Sykes	Warriors	7	6	5	11	0	0.86	0.57	1.43	0.29
10	Conor Duncan	Lynx	7	6	4	10	2	0.83	0.83	1.67	1.00
57	Kyle Ross	Warriors	6	5	5	10	6	0.50	0.75	1.25	0.25
57	Jaydn Baxter	Lynx	8	4	6	10	2	0.38	0.88	1.25	0.00
24	Ben Edmonds	Lynx	8	3	7	10	0	0.43	1.00	1.43	0.29
91	Iain Brown	Warriors	7	3	7	10	2	0.40	1.60	2.00	0.00
11	Deniss Kontseus	Rockets	5	2	8	10	0	1.00	0.50	1.50	1.00
67	Lennon Deeney	Wild	6	6	3	9	6	1.00	0.80	1.80	0.40
18	Sean Beattie	Rockets	5	5	4	9	2	0.43	0.86	1.29	0.00
79	Zac Thomson	Lynx	7	3	6	9	0	1.25	0.75	2.00	1.50
47	**Joel Gautschi**	**Capitals**	4	5	3	8	6	0.80	0.80	1.60	1.40
15	Cale Tanaka	Pirates	5	4	4	8	7	0.50	0.83	1.33	0.67
91	Ryan Campbell	Pirates	6	3	5	8	4	0.40	1.20	1.60	1.60
16	John Dolan	Rockets	5	2	6	8	8	0.14	1.00	1.14	0.29
24	Harry Harley	Warriors	7	1	7	8	2	0.80	0.60	1.40	0.00
7	Chris Wilson	Pirates	5	4	3	7	0	0.50	0.38	0.88	0.00
90	Ross Murray	Sharks	8	4	3	7	0	0.43	0.57	1.00	0.00
97	Lewis Chalmers	Sharks	7	3	4	7	0	0.25	1.50	1.75	0.50
27	**Sean Stewart**	**Capitals**	4	1	6	7	2	0.00	1.75	1.75	0.00
92	**Caly Robertson**	**Capitals**	4	0	7	7	0	0.63	0.13	0.75	0.00

TOP TEN NETMINDERS (LEAGUE GAMES ONLY. MINIMUM 40 MINUTES PLAYED)

#	Netminder	Team	GPr	Mins Pld	SOG	Saves	GAgst	Save%	GagAv
30	Thomas Brown	Warriors	6	327.31	167	163	4	0.976	0.73
34	**Ben Keddie**	**Capitals**	2	120.00	53	51	2	0.962	1
55	Callum Donaghy	Pirates	3	180.00	66	61	5	0.924	1.67
31	Dale Shearer	Rockets	3	160.00	61	56	5	0.918	1.88
30	Calum Hepburn	Sharks	4	223.32	191	179	12	0.937	3.22
39	Craig Holland	Rockets	1	65.00	14	10	4	0.714	3.69
37	Logan Reid	Sharks	3	89.58	46	40	6	0.87	4
28	Rory Wood	Lynx	6	353.29	245	209	36	0.853	6.11
33	Euan Simpson	Wild	5	300.00	268	236	32	0.881	6.4
1	Matthew Reid	Thunder	4	194.41	202	176	26	0.871	8.01

WHATS IS THE THE HOCKEY PUCK MADE OF ?

For anyone who loves ice hockey, the puck is an incredibly important piece of equipment. This small, round disc is the centrepiece of the game, and it's what players use to score points and win games. But have you ever stopped to wonder exactly what a hockey puck is made of?

The materials used to create this iconic sports equipment are actually very important, as they impact the way that the puck moves, how durable it is, and even how safe it is for players to use. In this article, we'll take a closer look at some of the most common materials used to make hockey pucks.

When hockey was first played, players used frozen cow dung as the "puck." This obviously wasn't ideal, so they began experimenting with different materials such as wood and metal. However, no material proved satisfactory until the rubber puck arrived on the scene.

The rubber puck allowed for much greater control on the ice due to its smooth surface. The modern hockey puck is made from vulcanized rubber, which provides a durable and consistent playing experience. In fact, every NHL game uses a total of approximately 60 pucks!

The shape of the hockey puck has also changed over time. Early versions were round, like a ball, but this caused problems as it would often bounce unpredictably on the ice. To solve this problem, the edges of the puck were slightly flattened. This gave it more stability when sliding across the ice and eliminated unwanted bounces.

Another aspect that has changed about the puck is the overall size. While it started off being closer to two inches in diameter, today's regulation-sized pucks are just under three inches wide.

A standard ice hockey puck measures three inches in diameter and weighs between 5.5 and 6 ounces. It's typically made of vulcanized rubber and has a flat top and bottom with curved edges around the sides, which allows players to easily scoop it up with their sticks.

Here, we take a closer look at some of the materials that are commonly used in hockey puck production.

Vulcanized rubber: The most common material used for the outer layer of hockey pucks. Vulcanization is a process that involves adding sulphur and other chemicals to natural rubber to make it more durable.

Butyl rubber: This type of rubber is commonly used for the inner core of hockey pucks. It is highly resistant to temperature changes and helps maintain the puck's shape.

Plastic

Aside from rubber and plastic, there are a few other materials used in the production of hockey pucks:

Epoxy: Used to bond the different layers of the hockey puck together.

Coloring agents: Used to add colour to the outer layer of the hockey puck.

Water: Used to cool the hockey puck during the manufacturing process.

Now that you know about the raw materials used in hockey puck production, you can appreciate the skill and craftsmanship that goes into making each and every one.

SNL RESULTS 10TH-11TH OCTOBER, LEAGUE TABLE AT 12TH OCTOBER AND ALL FIXTURES

League games 10th October				League games on 11th October			
Edinburgh Capitals	3	Dundee Rockets	4	Kirkcaldy Kestrels	2	Aberdeen Lynx	3
Aberdeen Lynx	6	Paisley Pirates	3	Whitley Warriors	9	Solway Sharks	2
North Ayrshire Wild	3	Solway Sharks	2				

LEAGUE STANDINGS AT 12TH OCTOBER 2026 AS PER SNL WEB SITE

#	Team	GP	W	L	OTW	OTL	GF	GA	Pts	Form
1	Whitley Warriors	7	6	1	0	0	41	6	12	W2
2	Dundee Rockets	5	5	0	0	0	30	13	10	W5
3	Paisley Pirates4	6	4	2	0	0	20	23	8	L1
4	Aberdeen Lynx	8	4	4	0	0	35	42	8	W3
5	**Edinburgh Capitals**	4	3	4	0	0	29	7	6	L1
6	Solway Sharks	8	2	5	0	1	25	36	5	L3
7	North Ayrshire Wild	6	2	4	0	0	15	34	4	W1
8	Kikrcaldy Kestrels	4	0	4	0	0	6	17	0	L4
9	Kilmarnock Thunder	4	0	4	0	0	10	33	0	L4

ALL THE LEAGUE FIXTURES FOR 2026-2027 SEASON

Home Team	AL	DR	EC	KT	KK	NAW	PP	SS	WW
Aberdeen Lynx		24-10 06-03	2-10 06-02	11-3 8-2	07-11 20-03	31-10 16-01	6-3 12-12	28-11 20-02	14-11 27-02
Dundee Rockets	9-2 05-12		07-11 20-03	25-10 30-01	22-11 06-02	29-11 09-01	23-01 27-03	01-11 13-03	3-2 13-02
Edinburgh Capitals	17-10 23-01	3-4 28-11		31-10 07-02	31-12 20-02	14-11 13-03	8-0 30-01	05-12 03-01	12-12 06-03
Kilmarnock Thunder	13-02 13-03	14-11 20-02	1-8 09-01		28-11 27-03	07-11 06-02	19-12 06-03	12-12 16-01	05-12 23-01
Kirkcaldy Kestrels	2-3 27-12	17-01 14-03	06-12 02-01	21-02 21-03		20-12 07-03	4-5 13-02	30-01 14-02	0-4 21-11
N Ayrshire Wild	21-11 30-01	2-9 19-12	24-10 13-02	6-4 20-03	23-01 27-02		1-5 05-12	10-10 17-10	28-11 27-03
Paisley Pirates	20-12 21-03	15-11 07-03	27-12 28-02	06-12 14-03	01-11 31-01	25-10 07-02	-	22-11 24-01	17-01 21-02
Solway Sharks	5-3 28-03	4-5ps 31-01	10-01 27-02	15-11 29-11	25-10 19-12	7-3 04-04	1-3 3-4	-	1-6 31-10
Whitley Warriors	8-0 31-01	13-12 07-02	01-11 28-03	22-11 10-01	5-0 18-10	7-0 14-02	17-10 13-03	9-2 **07-03**	

CAPITALS STATS 2026-27 COURTESY OF CAPS OFFICIAL STATISTICIAN

							Averages per Game			
#	Player	GP	Gls	Ast	Pts	PIM	Gls	Asst	Pts	PiM
17	Joe Lynch	5	9	5	14	2	1.80	1.00	2.80	0.40
97	Scott Jamieson	5	6	8	14	4	1.20	1.60	2.80	0.80
16	Conner McNulty	5	4	5	9	0	0.80	1.00	1.80	0.00
92	Caly Robertson	5	1	7	8	0	0.20	1.40	1.60	0.00
27	Sean Stewart	5	1	7	8	2	0.20	1.40	1.60	0.40
47	Joel Gautschi	4	4	4	8	6	1.00	1.00	2.00	1.50
78	Rihards Grigors	5	1	4	5	12	0.20	0.80	1.00	2.40
7	Marcus Murdoch	4	1	3	4	2	0.25	0.75	1.00	0.50
26	Richard Hartmann	3	3	0	3	2	1.00	0.00	1.00	0.67
3	Dean Walker	5	0	3	3	0	0.00	0.60	0.60	0.00
77	Scott McKay	5	2	0	2	13	0.40	0.00	0.40	2.60
22	Aidan Paterson	5	1	1	2	2	0.20	0.20	0.40	0.40
8	Marty Simpson	5	0	2	2	0	0.00	0.40	0.40	0.00
9	Cammy Gallagher	5	0	2	2	0	0.00	0.40	0.40	0.00
24	Kyle Howie	5	0	1	1	0	0.00	0.20	0.20	0.00
34	Ben Keddie	5	0	1	1	0	0.00	0.20	0.20	0.00
43	Justin Finnigan	5	0	1	1	0	0.00	0.20	0.20	0.00
44	Ross Borwick	5	1	0	1	21	0.20	0.00	0.20	4.20
19	Rhys Stenhouse	5	0	0	0	0	0.00	0.00	0.00	0.00
90	Kris Phillips	5	0	0	0	0	0.00	0.00	0.00	0.00
50	Charlie McLaughlin-Hanna	3	0	0	0	0	0.00	0.00	0.00	0.00
37	Chad Smith	1	0	0	0	5	0.00	0.00	0.00	5.00
4	Jonah Johnson	0	0	0	0	0				

NETMINDERS STATS

#	Netminder	GP	Mins	Shots	Gls Ag	Saves	Save%	GPG Av	Asst	S Out
34	Ben Keddie	4	239.52	103	6	97	.942	1.50	2	2
13	Ciaran Hoggan	4	40.00	12	0	12	100	0	1	1
88	Jonnie Livingstone	1	20	6	1	5	.833	3	0	0

Capitals Period SNL and Scottish Cup Games Stats at 12th October						
Period	1	2	3	OT/PS W	OT/PS L	Total
Wins	4	3	3	0	0	10
Draws	1	2	1	0	0	4
Losses	0	0	1	0	0	1
Goals Scored per Period	12	11	12	0	0	35
Goals Lost per Period	2	2	3	0	0	7

THE EVOLUTION OF THE HOCKEY HELMET

Many people consider hockey to be the ultimate mixed martial arts game. The contact, the aggression, the thrill of victory…it's all there! It's not all there is, though. Before there were hockey helmets, there were people with long white hair and pointy ears skating around with only their hands protecting their head. That's right – before there were helmets, there was no protective gear at all. Luckily for all of us, some clever people had the idea to protect our heads from colliding with the ice and each other's fists, and they did so by putting on a helmet. This is how hockey helmets were invented!

When the idea of a hockey helmet was first proposed, it was met with scepticism. After all, the goal of a hockey player isn't to get hurt, it's to give the other team a challenge. If they can't see you, how can they hit you? While there's still a large portion of the population that believes this way, the rest of us have embraced the protective gear as a part of our hockey-playing experience. Today there are several different types of hockey helmets for players of all levels of experience, and knowing which one to choose can be tricky.

Here's a brief history of the evolution of hockey helmets. Hockey helmets didn't become a common sight until the 1920s, but they were around in some form or another since the 1800s. They were initially designed to cover the ears, protect from head injuries, and keep the player's brain inside the skull. The most recognisable design from this era is probably the flat-top, which gave way to the current domed design in the 1930s.The flat-top design is often considered the first "modern" hockey helmet. The term "flat-top" itself dates back to the 1800s, and it referred to the top of the helmet, which was shaped more or less like a flat piece of wood. Despite its simplicity, the design was quite effective in preventing skull injuries and even enhanced performance. The flat-top design was eventually phased out in favour of the domed helmet, which made its debut in the 1930s.

The domed design is often considered the classic modern-day hockey helmet. It was first manufactured by the New England Curling Company in 1936 and was inspired by the shape of a real human skull. Today it is one of the most popular and most protective of all the types of headgear.

It would be hard to overstate just how effective the domed design was at preventing skull injuries in the '70s and '80s. Some of the more recent research even shows that the domed helmet can reduce the risk of Alzheimer's disease and dementia.

The 1980s and '90s were a time of great growth for hockey helmets. Not only were they worn more frequently, but they became a form of identity. This was also the time when the "Hockey Mask" and the "Sporting Leather Helmet" became popular. There was also a brief period during this time when screenwriters started utilizing hockey clichés in their works. Hockey helmets have become such an important part of the game that even the referees wear them. There is now a rule that the helmet has to be worn under all circumstances.

This trend is likely to continue as awareness of concussions grows.

As you might have guessed from the name, the Bell helmet is a collaboration between designer Michael Bell and the famous hockey players' association, the NHL. It was originally designed for the 2018–2019 NHL season, and it was inspired by the artwork of British pop artist David Bailey. The goal was to bring a stylish and unique design to the table that would fit perfectly alongside some of the greatest hockey players' outfits currently in fashion today.

The results are fantastic!

Livingston Designer Outlet has teamed up with Scottish National League and Scottish Cup Champions, the Edinburgh Capitals, in a new partnership that will bring exclusive fan experiences, player appearances, and community events to Scotland's largest designer outlet throughout the 2026-2027 season.

The partnership will see the Edinburgh Capitals become a regular presence at Livingston Designer Outlet, with player appearances, competitions, ticket giveaways, membership drives, pop-up events, and fan experiences designed to bring supporters closer to the club while introducing new audiences to one of Scotland's most successful ice hockey teams. As part of the partnership, Livingston Designer Outlet has become the club's main jersey sponsor for the 2026-2027 season.
The collaboration reflects Livingston Designer Outlet's continued commitment to creating memorable experiences beyond shopping, while supporting organisations that play an important role within communities across Scotland.

Michelle Whitelaw, Centre Director at Livingston Designer Outlet, said, "At Livingston Designer Outlet, we're always looking for partnerships that create exciting experiences for our visitors while supporting organisations that make a real difference within our local communities. "The Edinburgh Capitals have built an incredibly passionate fanbase and continue to grow both on and off the ice. We're looking forward to working together throughout the season to bring fans closer to the club while creating some fantastic experiences at the outlet."

The Edinburgh Capitals have enjoyed significant growth since the reopening of Murrayfield Ice Arena following its 30-month closure during the pandemic. The club currently attracts average crowds of more than 2,150 supporters, has over 500 season ticket holders, and enters the new season as both Scottish National League and Scottish Cup Champions.

Capitals Managing Director Scott Neil said, "We're delighted to be partnering with Livingston Designer Outlet. This is far more than a sponsorship. It's a partnership that will help us grow commercially, strengthen our connection with supporters, and create new opportunities to engage with communities across the region.

"Working together will allow us to reach new audiences through player appearances, events, competitions, and promotions, while giving our supporters exciting opportunities to connect with the club away from the rink."

Visitors can look forward to a programme of activity throughout the season, with further details on events, appearances, and competitions to be announced in the coming months. For more information, head to https://livingston-designer-outlet.co.uk Livingston Designer Outlet is Scotland's largest designer outlet, home to over 80 shops, cafés, and restaurants. With favourites like Nike, Calvin Klein, Tommy Hilfiger, and Hugo Boss, alongside high-street names like M&S and Next, there is something for everyone to enjoy. This is a massive addition to the club going forward, and it shows just how far the team has progressed both on and off the ice in the last 4 years.

CAPITALS FIXTURE SCHEDULE AND RESULTS 2026-2027 SEASON

					Final		Period Scores								Shots on		Pen Mins on	
Day	Date	H/A	Opposition	Comp	Score		1		2		3		OT		Caps	Opp	Caps	Opp
Sat	22/08	H	Dundee Rockets	EXH	6	2	1	1	3	1	2	0	-		33	43	6	8
Sun	23/08	H	Dundee Rockets	EXH	5	4	1	0	2	2	1	2	0-0		27	40	17	17
Sat	29/08	A	Solway I H C	EXH	2	7	0	3	1	1	1	3	-		54	31	29	27
Sun	30/08	H	Solway I H C	EXH	1	4	0	1	1	2	0	1	-		47	23	4	4
Sat	05/09	H	Blackburn Hawks	EXH	4	6	0	2	4	2	0	2	-		35	37	15	19
Sun	06/09	A	Blackburn Hawks	EXH	5	4	1	3	1	1	2	0	1-0		39	41	11	11
Sat	12/09	A	Aberdeen Lynx	SNL	10	2	3	0	2	2	5	0	-		34	53	21	6
Sun	20/09	A	Kilmarnock Thunder	SNL	8	1	3	0	4	0	1	0	-		15	60	2	2
Sat	26/09	H	Solway Sharks	SCup	6	0	1	0	2	0	3	0	-		17	62	2	14
Sat	03/10	H	Paisley Pirates	SNL	8	0	4	0	2	0	2	0	-		19	54	29	15
Sat	10/10	H	Dundee Rockets	SNL	3	4	1	1	1	1	1	2			33	28	15	15
Sat	17/10	H	Aberdeen Lynx	SNL														
Sun	18/10	A	Solway Sharks	SCup														
Sat	24/10	A	North Ayrshire Wild	SNL														
Sat	31/10	H	Kilmarnock Thunder	SNL														
Sun	01/11	A	Whitley Warriors	SNL														
Sat	07/11	A	Dundee Rockets	SNL														
Sat	14/11	H	North Ayrshire Wild	SNL														
Sat	29/11	H	Dundee Rockets	SNL														
Sat	05//12	H	Solway Sharks	SNL														
Sun	06/12	A	Kirkcaldy Kestrels	SNL														
Sat	12/12	H	Whitley Warriors	SNL														
Sat	27/12	A	Paisley Pirates	SNL														
Thu	31/12	H	Kirkcaldy Kestrels	SNL														
Sat	02/01	A	Kirkcaldy Kestrels	SNL														
Sun	03/01	H	Solway Sharks	SNL														
Sat	09/01	A	Kilmarnock Thunder	SNL	To be played @ MIA													
Sun	10/01	A	Solway Sharks	SNL														
Sat	23/01	H	Aberdeen Lynx	SNL														
Sat	30/01	H	Paisley Pirates	SNL														
Sat	06/02	A	Aberdeen Lynx	SNL														
Sun	07/02	H	Kilmarnock Thunder	SNL														
Sat	13/02	A	North Ayrshire Wild	SNL														
Sat	20/02	H	Kirkcaldy Kestrels	SNL														
Sat	27/02	A	Solway Sharks	SNL														
Sun	28/02	A	Paisley Pirates	SNL														
Sat	06/03	H	Whitley Warriors	SNL														
Sat	20/03	A	Dundee Rockets	SNL														
Sun	28/03	A	Whitley Warriors	SNL														

UPCOMING DATES FOR YOUR DIARY

Halloween Night: Saturday 31st October. Kilmarnock Thunder

Teddy Toss: Saturday 5th December: Solway Sharks

Skate with the Capitals post game: Saturday 12th December: Whitley Warriors

Caps Christmas Party: Saturday 19th December

Hogmanay Hockey: Thursday 31st December: Kirkcaldy Kestrels

Skate with the Capitals post game: Saturday 20th February; Kirkcaldy Kestrels

Food Bank collection: Saturday 20th February: Kirkcaldy Kestrels

Please Support our collections etc whenever possible.

Thank You in advance

TEAM AND INDIVIDUAL REVIEW COURTESY OF CAPITALS STATISTICIAN

Team Stats		
Penalty Kill total Minutes	67	
Goals Conceded	5	93%
PP Total Minutes	50	
Goals scored	8	16%
Average shots per game	52	
Average goals per game	7	
Ave shots agast per game	24	
Ave goals agst per game	1	

Player	+ -	PP Gls	PP Asts	SH Gls	SH Asst
Marty Simpson	+11	0	0	0	0
Joe Lynch	+10	3	1	0	0
Scott Jamieson	+11	0	2	2	0
Conner McNulty	+9	0	1	0	0
Sean Stewart	+10	0	1	1	1
Joel Gautschi	+8	0	2	0	0
Dean Walker	+8	0	1	0	1
Caly Robertson	+9	1	0	0	1
Rihards Grigors	+4	1	0	0	1
Scott McKay	+1	1	0	0	0
Richard Hartmann	+3	1	0	0	0

Face offs	Won	Lost	Face offs	Won	Lost
Justin Finningan	82%	18%	Richard Hartmann	63%	37%
Ross Borwick	80%	20%	Scott Jamieson	75%	25%
Joel Gautschi	64%	36%	Joe Lynch	80%	20%
Caly Robertson	70%	30%	Marcus Murdoch	76%	24%
Chad Smith	100%				

A GUIDE TO THE GAME FOR OUR GROWING FAN BASE

Faceoffs
All players take up set positions around one of five face-off circles on the ice. Only two players are allowed inside the circle during the faceoff. The location of the faceoff is determined by the cause of the last stoppage in play.

Delay Of Game
The following actions will result in a two-minute minor penalty for delay of game:
Deliberately shooting or batting the puck outside the playing area over the plexi glass.
Deliberately displacing the goal from its normal position.
Failure to provide the proper number of players on the ice surface after a warning from an official or for making an illegal substitution.

Playing the puck with a high-stick
When an opponent bats a puck out of the air with a stick above shoulder height, play shall be stopped and a faceoff shall ensue. A goal scored by a puck that made contact with a stick that was above the height of the goal crossbar shall be disallowed.

Icing the puck
Icing is when a player on his team's side of the red center line shoots the puck all the way down the ice and it crosses the red goal line at any point (other than the goal). Icing is not permitted when teams are at equal strength or on the power play. When this occurs, play is stopped and the puck is returned to the other end of the ice for a face-off in the offending team's zone. Icing the puck is not called:
If the goalie leaves the crease to play the puck, even if he does not touch the puck
If an official rules an opposing player could have played the puck before it crossed the red goal line. An official may waive off the icing call if he deems it was an attempted pass

Offsides
A team is offside when any member of the attacking team precedes the puck over the defending team's blueline. The position of the player's skate — and not that of his stick — is the determining factor. .

Penalties
Player actions that violate the rules of the game may be given penalties at the discretion of the officials. Penalties are classified into three categories: minor, major and misconduct. For a minor penalty, players are required to serve two minutes in the penalty box while their team plays short-handed. A minor penalty will expire if the opposing team scores while on the power play. Major penalties require a player to serve five minutes in the penalty box and only expire at the end of that time. Misconduct penalties vary in length.

Penalty Shots
A penalty shot is awarded when a player is pulled down from behind on a breakaway scoring opportunity or when the net is deliberately dislodged by an opposing goaltender or defenceman.

Power plays
When one team has more players on the ice than the other team, because one player is serving a penalty.

Shootouts
Any regular-season game that ends overtime play with a tie score will go into a shootout. A shootout is a series of penalty shots in which each team is allowed three attempts to score in alternating fashion. If after three attempts the teams remain tied, the shootout will continue to alternate shots until one team fails to match the attempt of the other. The winner of the shootout will be awarded one goal.

A BRIEF LOOK AT THE OTHER GAMES LAST WEEKEND

Aberdeen have faced some roster challenges during the opening weeks of the season, but with no conflicting U19 fixtures, head coach Jordan Leyden was able to ice a full squad for the weekend.

Saturday's meeting with **Paisley** was expected to be a physical contest against an experienced **Pirates** side, but Aberdeen made the most of their opportunities, particularly during a strong second period.

Aberdeen stepped up the pressure in the second, firing three unanswered goals past the visitors to establish a 4-0 lead.

Paisley finally found a breakthrough in the third through Chris Wilson, but the **Lynx** added another two goals of their own. The **Pirates** continued to battle, scoring twice more in the closing stages, but Aberdeen secured a 6-3 victory.

Sunday's trip to Fife proved to be a much tighter affair, with neither **Aberdeen** nor **Kirkcaldy** able to establish a comfortable advantage.

The **Kestrels**, who have faced some difficult opposition during the opening weeks of the season, pushed Aberdeen throughout and were level at 2-2 heading into the closing stages.

It took a late power-play goal from **Ben Edmonds** to separate the sides, giving Aberdeen a narrow 3-2 victory and completing their four-point weekend.

The two results move the **Lynx** into third place on eight points, level with **Paisley Pirates** but having played two more games.

Solway Sharks SNL had one of the busiest schedules of the weekend, facing two away games in as many days against **North Ayrshire Wild** and **Whitley Warriors**.

Saturday's visit to Auchenharvie Leisure Centre produced a closely contested encounter, with **North Ayrshire Wild** securing a 3-2 victory over **Solway Sharks SNL.**

Wild netminder Euan Simpson proved to be a key figure, producing an impressive performance to frustrate the **Sharks** and help **North Ayrshire** secure an important two points.

The result marked **North Ayrshire's** second league victory of the season, taking them to four points, just behind Solway.

Just six weeks into the SNL season, some early expectations are already being challenged, with closely fought encounters and unexpected results adding to the excitement across the league.

LAST WEEKS MASCOT - LOGAN EVANS



Left: MoM against Rockets was Joel Gautschi after a solid performance. Mascot Logan Evans and his sister Hayley were on hand to congratulate the skipper.
Right. Logan awaits his big moment leading the team out
Pics: Mark Brown



AN UPDATE FROM ICE HOCKEY U K C E O

MESSAGE FROM IHUK INTERIM CEO TIM BRATTON AND ANNOUNCEMENT OF TOWN HALLS



DEAR all,

I wanted to send an early season message to all of you involved in ice hockey across England, Northern Ireland, Scotland and Wales – whether as a player, coach, official, other volunteer role or parent/guardian driving our junior players up and down the country all season.

This is my first message which has focused specifically on clubs and officials rather than the broader hockey environment and I don't mind acknowledging that it has come later than it should have done. That's not been intentional and we've had a lot of different priorities to focus on in recent months, but I appreciate the importance of frequent and transparent communication.

I am therefore going to use this message to answer some Frequently Asked Questions which I've started to hear from our members, as well as announce two IHUK Town Halls.

The first Town Hall will be for our **English and Welsh membership** and will take place on the evening of **Monday 19th October at 7pm via this Teams link.** I will be joined by Duncan Hough from the IHUK Board.

The second Town Hall will be for our **Scottish and Northern Irish membership** and will take place on the evening of **Monday 26th October at 7pm via this Teams link.** For this Town Hall, I'll be joined by John Colley from the IHUK Board.

At the Town Hall we'll provide updates on what we're up to at IHUK and will also take questions from attendees. In the meantime, I hope you find the FAQs helpful.

Before I wrap up, I'd like to mention Martin Peters who most of you will know has represented clubs on the EIH Board of Directors for many years, as well as carrying out GM and countless other volunteer roles.

Martin has decided to step back from his responsibilities this season. I would like to thank Martin on behalf of IHUK (and the old EIH) for everything he has done for ice hockey in the UK over a very long period of time. We wish Martin well as he continues to support ice hockey from rink side.

I wish you all the best as we get ready for another season, which I am well aware creates a very heavy lift for many of you. Thank you for everything that you do, I am in no doubt that without your work and support there would be no ice hockey at all in the UK!

Best wishes,
Tim

Note; To read the FAQ's log on to
https://siha-uk.co.uk/wp-contents/uploads/FAQ.pdf

EDINBURGH CAPITALS

Colours: White, Blue, Red

#	Player	Pos
13	Ciaran Hoggan	NM
34	Ben Keddie	NM
88	Jonnie Livingstone	NM
3	Dean Walker	D
4	Jonah Johnson	D
7	Marcus Murdoch	F
8	Marty Simpson	D
9	Cammy Gallagher	F
16	Conner McNulty	F
17	Joe Lynch 'A'	F
19	Rhys Stenhouse	F
22	Aiden Paterson 'A'	D
24	Kyle Howie	F
26	Richard Hartmann	F
27	Sean Stewart 'A'	D
37	Chad Smith	F
43	Justin Finnigan	F
44	Ross Borwick	F
47	Joel Gautschi 'C'	F
50	Charlie McLoughlin- Hannah	D
71	Ryan Chambers	F
77	Scott McKay	F
78	Rihards Grigors	D
90	Kris Phillips	D
92	Caly Robertson	F
97	Scott Jamieson	F

Head Coach: Steven Lynch Associate Coach: Chad Smith. Asst Coach: Ben Coughtie. Manager: Jim Paterson. Kit: Rob Smith,

Capitals Goals

#	Scorer	Asst 1	Asst 2	Time	Type
1				:	
2				:	
3				:	
4				:	
5				:	
6				:	
7				:	
8				:	
9				:	
10				:	

Capitals Penalties

#	Offence	Time	Mins
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:

Saturday
17th October,
2026
S N L

MOM

_____

MOM

_____

ABERDEEN LYNX

Colours: Red, white and black

#	Player	Pos
28	Rory Wood	NM
34	Kain Mitchell	NM
88	Kyle Joiner	NM
4	Daniel Topping	D
5	Jamie Edmonds	D
8	Jordan Leyden	F
10	Conor Duncan	F
27	Jack Hutton	F
13	Euan Hanton	F
17	Callum Smith	D
20	David Hale	F
23	Logan Gordon	F
24	Ben Edmonds	F
27	Jack Hutton	F
38	Callan Cussick	F
46	Sean Ledgard	F
57	Haydn Baxter	F
71	Lennon Stephen	F
72	Sean Dyer	F
72	Adam Gottman	F
79	Zac Thomson	F
91	Rhubin Wilson	D
95	Ross Michie	D
96	Macauley Armstrong	F

Player Coach ; Jordan Leyden

Lynx Goals

#	Scorer	Asst 1	Asst 2	Time	Type
1				:	
2				:	
3				:	
4				:	
5				:	
6				:	
7				:	
8				:	
9				:	
10				:	

Lynx Penalties

#	Offence	Time	Mins
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:
		:	:

#	Netminder	Time on	1	2	3	OT	Total
13	Ciaran Hoggan	:					
34	Ben Keddie	:					
88	Jonnie Livingstone	:					

Time Out	Period Scores	1	2	3	OT	Final	Time Out
Capitals	Capitals						Lynx
:	Lynx						:

Referee: _____ Linespersons: _____and_____

#	Netminder	Time on	1	2	3	OT	Total
28	Rory Wood	:					
34	Kain Mitchell	:					
88	Kyle Joiner	:					

Out of courtesy, for your own safety and that of other fans please remain seated until play stops. Please follow the stewards instructions at all times.

LIVINGSTON
DESIGNER OUTLET

Can you please put your empty cup , beer glasses and general rubbish in the bins provided around the Arena. Thank You